

YOU RAISE ME UP

Doug and Cheryl Byrd

RDTA of SoCal
Jul 2013, Number 28

Presented by: Mel Branham w/Dee Luna

RELEASED: February 5, 2013

CHOREO: Doug and Cheryl Byrd 1443 Britt Lauren Way, Soddy Daisy, TN 37379 (423) 842-7626 dbyrdhouse@comcast.net

MUSIC: You Raise Me Up

ALBUM: Ballroom Perfection

ARTISTS: Susann Taylor

DOWNLOAD: www.casa-musica.de

FOOTWORK: Opposite except where indicated

TIME: 2:40 @ 50 RPM (111% of original)

RHYTHM: Waltz

RAL PHASE RATING: II

SEQUENCE: INTRO AB AB(MOD) B(1-14) ENDING

DEGREE OF DIFFICULTY: Easy

MEAS:

INTRODUCTION

1-4

WAIT; ; APART POINT; TOGETHER TOUCH;

1-2 OP-FCG WALL wt 2 meas ; ;

3-4 Stp apt L, pt R twd ptr, - ; tog R to CP WALL, tch L next to R, - ;

PART A

1-4

DIP BACK & HOLD; RECOVER TOUCH; BOX; ;

1-2 Stp bk L taking full wgt w/knee relaxed & R leg remaining xtnded w/knee & ankle forming a straight line from the hip & the toe remaining on the floor, - , - ; rec R, tch L next to R, - ;

3-4 Fwd L, sd R, cl L ; bk R, sd L, cl R ;

5-8

TWIRL VINE 3; PICKUP; FORWARD WALTZ; DRIFT APART;

5-6 w/ld hnds jnd sd L, XRib, sd L (W sd & fwd R trng ½ RF undr jnd hnds, sd & bk L trng ½ RF, sd R) ; sm fwd R ldg W ifo him to CP LOD, sip L, R (W fwd L stpg ifo M trng LF to CP, sip R, L) ;

7-8 Fwd L, fwd & slightly sd R, cl L ; sm stp awy from ptr R, L, R to end in LOP-FCG LOD ;

9-12

TWINKLE OUT; TWINKLE IN TO PU; LEFT TURN; BACK WALTZ;

9-10 X L between ptrs, sd R, cl L ; X R between ptrs, sd L, cl R to end in PU POS ;

11-12 Fwd L comm ¼ LF trn, cont trn sd R diag acrs LOD trng ¼ LF, cl L to end in CP RLOD ; bk R, bk & slightly sd L, cl R ;

13-16

2 RIGHT TURNS; ; BALANCE LEFT & RIGHT; ;

13-14 Bk L comm ¼ RF trn, cont trn sd R twd LOD trng ¼ RF to CP DLC, cl L ; fwd R comm ¼ RF trn, cont trn sd L diag acrs LOD trng ¼ RF to CP WALL, cl R ;

15-16 Sd L, XRib (W XLib), sip L ; sd R, XLib (W XRib), sip R ;

PART B

1-4

WALTZ AWAY & TOGETHER; ; BALANCE LEFT; REVERSE TWIRL 3;

1-2 w/trl hnds jnd fwd L trng awy from ptr, sd & fwd R [to a slight BK-BK], cl L ; sd & fwd R trng to fc ptr, sd & fwd L, cl R ;

3-4 Sd L, XRib (W XLib), sip L ; w/ld hnds jnd sd & fwd R to RLOD, fwd L, cl R (W sd & fwd L trng ½ LF undr jnd ld hnds, sd & bk R trng ½ LF, sd L) ;

5-8

THRU TWINKLE; THRU FACE CLOSE; TWIRL VINE 3; PICKUP SCAR;

5-6 X L between ptrs to RLOD, sd R, cl L ; stp thru R between ptrs to LOD, sd L to fc ptr, cl R ;

7-8 w/ld hnds jnd sd L, XRib, sd L (W sd & fwd R trng ½ RF undr jnd hnds, sd & bk L trng ½ RF, sd R) ; sm fwd R ldg W ifo him to CP LOD, sip L, R blending to SCAR (W fwd L stpg ifo M trng LF to CP, sip R, L) ;

9-12

PROGRESSIVE TWINKLE 3x SCP; ; ; PICKUP SIDE CLOSE;

9-10 Progressing down LOD XLif, sd R, cl L to BJO ; XRif, sd L, cl R to SCAR ;

11-12 XLif, sd R, cl L to SCP ; sm fwd R ldg W ifo him to CP LOD, sd L, cl R (W fwd L stpg ifo M trng LF to CP, sd R, cl L) ;

13-16

2 LEFT TURNS; ; CANTER 2x; ;

13-14 Fwd L comm LF trn, cont trn sd R diag acrs LOD comp ¾ LF trn, cl L ; bk R comm LF trn, cont trn sd L twd LOD comp ¾ LF trn, cl R ;

15-16 Sd L, draw R twd L, cl R ; sd L, draw R twd L, cl R ;

2nd time meas 15-16 are **BALANCE LEFT & RIGHT** [repeat meas 15-16 Part A]

ENDING

1

DIP & TWIST;

1 Stp bk L taking full wgt w/knee relaxed & R leg remaining xtnded w/knee & ankle forming a straight line from the hip & the toe remaining on the floor, trn upper bdy twd LOD w/out chg wgt, - ;