

SOLID GOLD

Choreographers
E-mail / Website
Album
Artist/Source
Release / Speed
Footwork/ Difficulty
Rhythm/Level

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In The Arms Of An Angel

Nicholas McDonald

Released: March 17, 2017

Opposite unless noted

Two-Step Phase II

Website: www.gusdefore.com

Track 11 - Solid Gold

Download: [!itunes.com](https://itunes.com) or [Amazon.com](https://amazon.com)

Speed SLOWED 7% -- 2:57 at speed- 3:20 slowed 7%

Degree Of Difficulty - Average

Sequence: Intro A Interl B Inter2 Bridge A Interl B Inter2 C B Inter2 Ending

{SCP LOO} WAIT 2 MEAS:: 2 FWD 2 STEPS:: HITCH DBL:: OPEN VINE 4 to SCP:: {SCP LOO}

1-8 SCP LOO Wait 2 meas;; (2 FWD 2 STEPS) SCP LOO fwd L, els R, fwd L,-; Fwd R, els L, fwd R,-;
[HITCH DBL] In SCP LOD Fwd L, els R, bk L,-; Bk R, els L, fwd R,-; [OP VN 4] Sd L,-, XRIB (W XLIB) to LOP RLOD,-;
Tmg to fc ptr sd L,-, XRIF (W XLIF) to end in SCP LOO,-;

PART A

{SCPLOD} 2FWD 2 STEPS:: 2 TRNG 2 STEPS to BFLY WALL :: TRAVELING DOOR:: TRAVELING DOOR:: {BFLY WALL}

1-16 [2 FWD 2 STEPS] SCP LOO fwd L, els R, fwd L,-; Fwd R, els L, fwd R,-; [2 TRNG 2'S] Sd L tmg RF, els R tmg RF, bk L,-;
Sd R tmg RF, els L tmg RF, fwd Rend in BFLY WALL,-; [TRAVELING DOOR rBFLY WALL Rk sd L,-, rec R,-; XLIF, sd R,
XLIF (W XRIF, sd L, XRIF),-; [TRAVELING DOOR] BFLY WALL Rk sd R,-, rec L,-; XRIF, sd L, XRIF (W XLIF, sd R, XLIF)
end in BFLY WALL,-;

2 FWD 2 STEPS:: 2 TRNG 2 STEPS to BFLY WALL:: TRAVELING DOOR:: TRAVELING DOOR:: {OP LOD}

(2 FWD 2 STEPS) BLEND to SCP LOO Fwd L, els R, fwd L,-; Fwd R, els L, fwd R,-; (2 TRNG 2'S) Repeat action of meas
3 & 4 of PART A to end in BFLY WALL;; [TRAVELING DOOR 2X] Repeat Action of meas 5 thru 8 end in OP LOD;;;

INTERLUDE 1

{OP LOO} HITCH DBL:: SLOW WALK 4 :: HITCH DBL:: OPEN VINE 4 to CP DRW :: {CP DRW}

1-8 (HITCH DBL) In OP LOD Fwd L, els R, bk L,-; Bk R, els L, fwd R,-; [SLOW WALK 4] OP LOO SLOW Fwd L,-, fwd R,-;
Fwd L,-, fwd R to OP LOO,-; [HITCH DBL] In OP LOO Repeat action of meas 1-2 of INTERLUDE 1;;
[OP VN 4] Sd L,-, XRIB (W XLIB) to LOP RLOD,-; Tmg to fc ptr sd L,-, XRIF (W XLIF) end in CP DRW,-;

PART B

{CP DRW} 2 TRNG TWO STEPS to CP LOO :: WALK 2 ; WLK & FC WALL ; TWISTY VN 4 to BJO :: HITCH 3 ; HITCH SCIS ;

1-16 [2 TRNG 2'S] CP DRW Sd L tmg RF, els R tmg RF, bk L,-; Sd R tmg RF, els L tmg RF, fwd Rend in CP LOO,-;
[WALK 2] CPLOD Fwd L,-, fwd R,-; [WALK&FC WALL] CPLOD Fwd L,-, tmg ¼RF fwd R to FC WALL in CP,-;
[TWISTY VN 4 to BJO] CP WALL Sd L tmg slightly RF to contra SCAR (W Sd R tmg slightly RF),- XRIB (W XLIF),-;
Sd L tmg LF blending to BJO (W Sd R tmg LF),-, fwd & sd R cont RF tm (W bk & sd L) end in BJO DLW,-;
[HITCH 3] In BJO DLW Fwd L, els R, bk L,-; [HITCH SCIS] In BJO DLW Bk R, els L, fwd R (W Fwd L, tmg RF sd R,
cont RF tm fwd L) end in SCP DLW,-;

{SCP DLW} 2 TRNG TWO STEPS to CP LOD :: WALK 2 ; WLK & FC WALL ; TWISTY VN 4 to BJO :: HITCH 3 ; HITCH SCIS ;

[2 TRNG 2'S] BLEND TO CP Sd L tmg RF, els R tmg RF, bk L,-; Sd R tmg RF, els L tmg RF, fwd Rend in CP LOO,-;
[WALK 2] CP LOO Fwd L,-, fwd R,-; [WALK & FC WALL] CP LOO Repeat action of meas 4 of PART B;
[TWISTY VN 4 to BJO] CP WALL Repeat action of meas 5 & 6 PART Bend in BJO DLW;;
[HITCH 3] In BJO DLW Fwd L, els R, bk L,-; (HITCH SCIS) In BJO DLW Repeat action of meas 8 of PART Bend in SCP DLW;

INTERLUDE 2

{SCP DLC} CIR AWAY 2 TWO STEPS:: STRUT TOG IN 4 to BFLY :: OPEN VINE 8 ::;

1-8 [CIR AWAY 2-2's] Release ptr and circle away LF (W RF) fwd L, cl L, fwd L,-; Fwd R, cl L, fwd Rend 6 ft apart feg RLOD,-;
[STRUT TOG IN 4] Feg RLOD cont to circle LF (W RF) twd ptr strutting action fwd L,-, R,-; L,-, Rend BFLY WALL,-;
[OP VN 8] Sd L,-, XRIB (W XLIB) to LOP RLOD,-; Tmg to fc ptr sd L,-, XRIF (W XLIF) to end in BFLY WALL,-;
Cont Sd L,-, XRIB (W XLIB) to LOP RLOD,-; Tmg to fc ptr sd L,-, XRIF (W XLIF) ,-;

NOTE: 1st & 2nd time thru INTER 2 end in BFLY WALL 3' time thru INTER 2 end in SCP LOD

BRIDGE

{BFLY WALL} SWVL 4 :: {SCP LOO}

1-2 [SWVL 4] BFLY WALL Swvl LF,-, swvl RF,-; Swvl LF,-, swvl RF end in SCP LOD,-;

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PART C

{BFLY WALL} TRAVELING DOOR :: TRAVELING DOOR :: {BFLY WALL}

1-16 [TRAVELING DOOR] BFLY WALL Rk sd L ,-, rec R ,-, XLIF, sd R, XLIF (W XRIF, sd L, XRIF) ,-,
[TRAVELING DOOR] Rk sd R ,-, rec L ,-, XRIF, sd L, XRIF (W XLIF, sd R, XLIF) end in BFLY WALL ,-,
SLOW TWISTY VINE 8 :: TRAVELING DOOR :: TRAVELING DOOR :: OPEN VINE 8 :: {CP WALL}
[SLOW TWISTY VN 8] BFLY WALL Sd L,-, XRIB (W XLIF) ,-, sd L,-, XRIF (W XLIB),-, Sd L,-, XRIB (W XLIF) ,-,
Sd L,-, XRIF (W XLIB) end in BFLY WALL ,-, [TRAVELING DOOR 2X] Repeat action of Meas 1 thru 4 of PART C ;;;
[OP VN 8] Sd L,-, XRIB (W XLIB) to LOP RLOD,-; Tmg to fc ptr sd L,-, XRIF (W XLIF) to end in BFLY WALL ,-,
Cont Sd L,-, XRIB (W XLIB) to LOP RLOD,-; Tmg to fc ptr sd L,-, XRIF (W XLIF) end CP DRW ,-,

ENDING

{SCP LOD} 2 FWD 2 STEPS :: 2 TRNG 2 STEPS to BFLY WALL :: TRAVELING DOOR REV & PT RT:

5+ [2 FWD 2 STEPS] SCP LOD Repeat action of meas 1 & 2 of PART A ; [2 TRNG 2'S] Repeat action of meas 3 & 4 PART A
end in BFLY WALL ;;
[TRAVELING DOOR REV] BFLY WALL Rk sd L ,-, rec R ,-, XLIF, sd R, XLIF (W XRIF, sd L, XRIF) ,-,
[PT RT] Man Point Right Foot (W Left Foot) twds RLOD last note of music ,

HEAD CUES

SOLID GOLD (PH 2 two-step) speed slowed 7%

Intro **A B Bri A B C B** End

(scp lod) WAIT 2;; 2 FWD 2'S;; HITCH DBL;; OPVN 4;; (A-scp)

"A"

2 FWD 2'S;;
2 TRNG 2's;;(bfly)
TRVLG DOOR 2X;;; (scp)
2 FWD 2'S;;
2 TRNG 2's;; (bfly)
TRVLG DOOR 2X;;; (op)
HITCH DBL;;
WLK4;;
HITCH DBL;;
OPVN 4;;
(B-cp) (B-cp)

"B"

2 TRNG 2's -
toa PKUP;;
WLK2;
WLK & FC WALL;
TWISTY VN 4 to BJO;;
HITCH 3;
HITCH SCIS to SEMI;
2 TRNG 2'S -
toa PKUP;;
WLK2;
WLK & FC WALL;
TWISTY VN 4 to BJO;;
HITCH 3;
HITCH SCIS to SEMI;
CIR AWAY 2-2's;;
STRUT TOG 4;;
OPVN 8;;; (BRI-bfly)
(C-bfly) (END-scp)

TRVLG DOOR 2X;;;
SLO TWISTY VN8;;;
TRVLG DOOR 2X;;;
OPVN 8;;; (B-cp)

"END"

2 FWD 2'S;;
2 TRNG 2'S;; (bfly w)
TRVLG DOOR REV & PT RT;;

"BRI"

SWVL 4;; (A-scp)