

SEDALIA

Rhythm/Phase: Rumba, Phase 4 + 2 + 1 [Stop & Go Hockey Stick, Natural Top + Chase Full Turn (U)]
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 Release Date: July 16, 2014
 Music: "Sedalia" by Tol and Tol CD: Hollands Glorie: Tol and Tol, Track 5
 Download: iTunes
 Time/Speed: Downloaded file: 3:26 Play at 43 in DM (about 95.5% : 27-28 MPM) or to suit
 Footwork: Opposite throughout (*Lady as noted in parentheses*).
 Timing: QQS unless otherwise noted, reflects actual weight changes.
 Degree of Difficulty: Average
 Sequence: Intro, A, B, C, B, C, C, A(1-10), Ending

INTRODUCTION

1-4 WAIT 3X;;; NEW YORKER IN 4;
 1-3 {Wait} In low BFLY pos. with M fc Wall lead ft. free wait 3 measures ;;;
 QQQQ 4 {New Yorker 4} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, rk sd L, rec R ;

PART A.

1-4 NEW YORKER; CRABWALKS (LOD);; SPOT TURN;
 1 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L ending in BFLY-wall, - ;
 2-3 {Crabwalks} Toward LOD in BFLY XRIF, Sd L, XRIF, - ; Sd L, XRIF, sd L, - ;
 4 {Spot Turn} Swiveling 1/4 LF on left ft Fwd R twd LOD trng 1/2 LF, rec L trng 1/4 to fc prtnr, sd R, - ;

5-8 OPEN BREAK; AIDA; SWITCH ROCK; SPOT TURN;
 5 {Op Break} Rk apart L to LOP-fc pos with rt arm ext to sd, rec R lowering rt arm, sd L, - ;
 6 {Aida} Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
 7 {Switch-Rock} Trng LF to fc prtnr sd L checking & bringing joined lead hands thru, rec R, sd L to end fc Wall, - ;
 8 {Spot Turn} Repeat Part A, meas. 4 ;

9-11 ALEMANA;; NEW YORKER IN 4;
 9-10 {Alemana} Fwd L, rec R, cl L leading W to comm turn RF raising left hand high and palm-to-palm, -
 (*Bk R, rec L, sd R with sl RF swivel to fc prtnr's left side and rt hand high palm-to-palm, -*) ;
 Bk R, rec L, sd R, - (*cont RF turn under raised lead hands Fwd L, cont RF turn fwd R, sd L twd RLOD, -*)
 ending with lead hands joined M fc-Wall ;
 QQQQ 11 {New Yorker 4} Repeat Intro, meas. 4 ;

PART B.

1-4 NEW YORKER; FENCELINE; FWD BASIC TO FAN;;
 1 {New Yorker} Repeat Part A, meas. 1 ;
 2 {Fenceline} Cross lunge thru R twd LOD with bent knee looking toward LOD, rec L to fc prtnr, sd R, - ;
 3-4 {Fwd Basic to Fan} Check fwd L, rec R, bk L lowering hands to waist level, - ;
 Bk R, rec L comm leading W to Fan pos, sd & fwd R rel tr hands, - (*Fwd L, sd & bk R making 1/4 LF turn,*
bk L rel tr hands leaving rt foot extd fwd with no wt and fc RLOD, -) ;

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PART B., CONT.

- 5-8 **STOP & GO HOCKEY STICK;; HOCKEY STICK;;**
5-6 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn, shaping to prtnr cl L, -
(Cl R, fwd L, fwd R trng 1/2 LF ending fc LOD on M's rt sd, -);
Check thru R toward LOD placing R hand on W shldr blade checking her mvt,
rec L comm leading W to RF turn, cl R ending fc Wall, - (Chk bk L, rec R, fwd L trng 1/2 RF to Fan pos, -);
7-8 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
(Cl R, fwd L, fwd R, -);
Bk R, rec L leading prtnr to turn LF, fwd R toward DRW following prtnr out, -
(Fwd L twd RLOD, fwd R trng LF to fc prtnr and DLC, bk L, -);
- 9-11 **HALF BASIC TO; NATURAL TOP 3 (TO FC WALL); LUNGE SIDE (WITH ARMS) & REC;**
9-10 {Bas-Nat Top 3} Check fwd L, rec R comm RF turn, cont RF trn sd & fwd L blending to CP fc COH, -;
XRIB cont RF turn, cont turn sd L, finsh turn to fc Wall cl R in CP, -
(cont RF turn Sd L, cont turn XRIF, finsh turn in CP sd L, -);
SS 11 {Lunge-Rec} Sd L twd LOD with lunge action sweeping left arm up and out, -, rec R no hands joined, -;

PART C.

- 1-4 **CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;;**
1-2 {Chase Full Turn} Fwd L trng 1/2 RF, rec fwd R trng 1/2 RF, bk L, -; Bk R, rec L, fwd R to rt handshake, -;
(Bk R, rec L, fwd R, -; Fwd L trng 1/2 RF, rec fwd R trng 1/2 RF, bk L to rt handshake, -;)
3-4 {Trade Places} In rt-handshake pos Rk apt L, rec R trng RF 1/4 to fc RLOD beh W & rel rt hands,
cont trng RF to fc prtnr & COH sd & bk L joining left hands, -;
In left-handshake pos Rk apt R, rec L trng LF 1/4 to fc RLOD beh W & rel left hands,
cont to trn LF to fc prtnr & Wall sd & bk R joining rt hands, -;
(Rk apt R, rec L trng LF 1/4 to fc RLOD in front of M & rel rt hands,
cont trng LF to fc prtnr & Wall sd & bk R joining left hands, -);
(Rk apt L, rec R trng RF to fc RLOD in front of M & rel left hands,
cont RF turn to fc prtnr & COH sd & bk L joining rt hands, -);
- 5-8 **OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE);;**
5 {Op Break} In rt-handshake pos Rk apart L with left arm extended to sd,
rec R keeping left arm extended (W lower left arm), sd L comm joining lead hands, -;
6 {UA Turn} With lead hands joined Chk bk R, rec L, sd R, - blending to loose CP
(Swiveling 1/4 RF on rt ft Fwd L trng 1/2 RF under joined lead hands, rec R trng 1/4 RF to fc prtnr, sd L, -);
7-8 {Cross Body} Chk fwd L, rec R trng LF to fc LOD leading W to "L" pos, sd L twd COH;
Chk bk R, rec L trng LF to fc COH, sd & fwd R ending in rt-handshake fc COH, -;
(Chk bk R, rec L, fwd R blending to "L" pos; Fwd L, fwd R trng 1/2 LF to fc Wall, bk & sd L to fc prtnr, -);
- 9-12 **START A FLIRT; TO FAN; HOCKEY STICK;;**
9-10 {Flirt to Fan} M fcg COH Fwd L, rec R, sd L to Varsouvienne pos-COH, -; Bk R, rec L, sd R to Fan pos, -;
(Bk R, fwd L comm LF turn, fwd R cont turning LF to Varsouvienne position, -;
Bk L, rec R, sd L moving in front of the man turning 1/4 RF to end in Fan position fc LOD, -;)
11-12 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
(Cl R, fwd L, fwd R, -);
Bk R, rec L leading prtnr to turn LF, fwd R toward DLC following prtnr out, -
(Fwd L twd LOD, fwd R trng LF to fc prtnr and DRW, bk L, -);
- 13-16 **SHOULDER TO SHOULDER; UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;**
13 {Shoulder to Shoulder} Fwd L to BFLY SCAR pos DLC, rec R, sd L to BFLY-COH, -;
14 {UA Turn} Repeat Part C, meas. 6 blending to low BFLY fc COH;
15-16 {Chase-UA Pass} Fwd L comm 1/2 RF turn keeping lead hands joined low, rec fwd R, chk fwd L, -;
Bk R, rec L raising joined ld hands leading W to turn LF, sd R ending with ld hands joined fc prtnr & Wall, -;
(Bk R keeping lead hands joined low, rec L, fwd R twd man's left sd, -;
Fwd L, fwd R trng 1/2 LF under joined lead hands to fc prtnr, sd L, -);

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REPEAT PART B.

- 1-11 NEW YORKER; FENCELINE; FWD BASIC TO FAN;; STOP & GO HOCKEY STICK;;
HOCKEY STICK;; HALF BASIC TO; NATURAL TOP 3 (TO FC WALL);
LUNGE SIDE (WITH ARMS) & REC;

REPEAT PART C.

- 1-16 CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;;
OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE);;
START A FLIRT; TO FAN; HOCKEY STICK;; SHOULDER TO SHOULDER;
UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;

REPEAT PART C.

- 1-16 CHASE FULL TURN (TO HANDSHAKE);; TRADE PLACES 2X;;
OPEN BREAK (and Join Lead Hands); UNDERARM TURN; CROSS BODY (TO HANDSHAKE);;
START A FLIRT; TO FAN; HOCKEY STICK;; SHOULDER TO SHOULDER;
UNDERARM TURN; CHASE WITH UNDERARM PASS (WALL);;

REPEAT PART A, MEAS. 1-10.

- 1-10 NEW YORKER; CRABWALKS (LOD);; SPOT TURN; OPEN BREAK; AIDA;
SWITCH ROCK; SPOT TURN; ALEMANA;;

ENDING

- 1 LUNGE APART;
S 1 {Lunge Apart} Keeping tr hands joined lunge L twd COH shaping to prtnr, ext lead arms up & out , - , - ;