

REFLECTION WALTZ

Choreographer: Sandi Kremer

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Prandi Sound Orchestra, Reflection Casa Musica Time 2:23

Footwork: Opposite unless noted

Rhythm: Waltz Phase II

Suggested Speed 47-48

Difficulty: Average

Sequence: Introduction A, B, A(Mod), C, C(Mod) Ending

INTRO: CP LOD WAIT 2 MEASURES ; ; SWAY LEFT AND RIGHT ; ;

[1-2] In CP Man Facing LOD Wait 2 Measures ; ;

[3] **{Sway Left }** {Sway Left & Hold} BFLY WALL Sd L stretching L sd of body (W sd R stretching R sd of body), hold pos, -;

[4] **{Sway Right }** {Sway Right & Hold} BFLY WALL Sd R stretching R sd of body (W sd L stretching L sd of body), hold pos, -;

A: 1-16

1-4 2 LEFT TURNS BFLY WALL;; VINE 3 ; THRU SIDE BEHIND;

[1-2] **{2 Left Turns fc WALL}** CP LOD Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R to CP WALL (W fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L);

[3] **{Vine 3}** BFLY WALL Sd L, XRib (W XLib), sd L;

[4] **{Thru Side Behind}** thru R, sd L, R behind L BFLY WALL;

5-8 ROLL 3 ; THRU FACE CLOSE ; CANTER 2x ; ;

[5] **{Roll 3 to OP}** BFLY WALL Fwd L to LOD trn LF, bk R cont trn, cont trn sd & fwd L to OP LOD having completed 1 1/4 LF trn (W fwd R to LOD trn RF, bk L cont trn, cont trn sd & fwd R to fc LOD);

[6] **{Thru Face Close}** OP LOD Thru R trn RF (W thru L trn LF), sd L, cl R to BFLY WALL;

[7-8] **{Canter}** sd L, draw R to L, cl R; **{Canter}** sd L, draw R to L, cl R CPWALL;

9-12 LEFT TURNING BOX ; ; ; ;

[9-12] **{Left Turning Box}** CP WALL Fwd L trn 1/4 LF, sd R, cl L to CP LOD; Bk R trn 1/4 LF, sd L, cl R to CP COH; Repeat to BFLY WALL;;

13-16 TWISTY BALANCE LEFT AND RIGHT ; ; TWIRL VINE 3 ; PU TO SIDECAR ;

[13-14] **{Twisty Balance Left and Right}** BFLY WALL Sd L, XRib to BFLY SCAR, rec L to BFLY WALL(W sd R, XLif, BFLY WALL Sd R, XLib to BFLY BJO, rec R to BFLY WALL (W sd L, XRif, rec L);

[15] **{Twirl Vine}** Sd L, XRib, sd L leading W to a RF Twirl (W Sd R trn RF 1/2, sd L trn RF 1/2, sd R) ;

[16] **{Pick-Up SCAR}** Small step thru R, (W thru L turning 1/2 LF) to SCAR, sd L, cl R ;

B: 1-10

1-4 3 PROGRESSIVE TWINKLES BJO ; ; ; FWD FACE CLOSE ;

- [1-3] **{3 Progressive Twinkles to BJO}** In SCAR XLif of R (W XRib of L), sd & fwd R trng LF, cl L to R to BJO DLC ; **{Prog Twkl to SCAR}** XRif of L (W XLib of R), sd L & fwd trng RF, cl R to L to SCAR DLW ; **{Prog Twkl to BJO}** XLif of R (W XRib of L), sd & fwd R trng LF to fc LOD, cl L to R to CP LOD ;
- [4] **{Forward Face Close}** fwd R (W bk L), trng to fc sd L, cl R;

5-8 SOLO TURN IN 6 ;; STEP SWING ; SPIN MANEUVER ;

- [5-6] **{Solo Turn to BFLY}** Fwd L trn away from ptr, sd R cont LF trn, cl L to fc RLOD (W fwd R trn away from ptr, sd L cont RF trn, cl R to fc RLOD); Bk R cont LF trn, sd L, cl R to BFLY WALL (W bk L cont RF trn, sd R, cl L);
- [7] **{Step Swing}** sd & bk L, swing R thru, -;
- [8] **{Spin Maneuver}** fwd R trng RF in frnt of W, sd L, cl R to CP RLOD (W LF spin on L, R, L fcng CPLOD);

9-10 TWO QUARTER RIGHT TURNS TO CP LOD ; ;

- [9-10] **{2 Quarter Right Turns LOD}** CP RLOD Bk L trn RF, cont trn sd R, cl L to CP COH (W fwd R trn RF, cont trn sd L, cl R); Fwd R trn RF, cont trn sd L, cl R to CP LOD (W bk L trn RF, cont trn sd R, cl L);

REPEAT A: 1-16 (MODIFIED)

1-4 2 LEFT TURNS BFLY WALL;; VINE 3 ; THRU SIDE BEHIND;

- [1-2] **{2 Left Turns }** CP LOD Fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L to CP DRC (W bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R); Bk R stg LF upper bdy trn, cont trn sd & fwd L, cl R to BFLY WALL (W fwd L stg LF upper bdy trn, cont trn sd & bk R, cl L BFLY WALL);
- [3] **{Vine 3}** BFLY WALL Sd L, XRib (W XLib), sd L;
- [4] **{Thru Side Behind}** thru R, sd L, R behind L BFLY WALL;

5-8 ROLL 3 ; THRU FACE CLOSE ; CANTER 2x ;;

- [5] **{Roll 3 to OP}** BFLY WALL Fwd L to LOD trn LF, bk R cont trn, cont trn sd & fwd L to OP LOD having completed 1 1/4 LF trn (W fwd R to LOD trn RF, bk L cont trn, cont trn sd & fwd R to fc LOD);
- [6] **{Thru Face Close}** OP LOD Thru R trn RF (W thru L trn LF), sd L, cl R to BFLY WALL;
- [7-8] **{Canter Twice}** sd L, draw R to L, cl R; **{Canter}** sd L, draw R to L, cl R CP WALL;

9-12 LEFT TURNING BOX ; ; ; ;

- [9-12] **{Left Turning Box}** CP WALL Fwd L trn 1/4 LF, sd R, cl L to CP LOD; Bk R trn 1/4 LF, sd L, cl R to CP COH; Repeat to BFLY WALL;;

13-16 TWISTY BALANCE LEFT AND RIGHT ;; TWIRL VINE 3 ; THRU SIDE CLOSE ;

- [13-14] **{Twisty Balance Left and Right }** BFLY WALL Sd L, XRib to BFLY SCAR, rec L to BFLY WALL (W sd R, XLif, rec R) BFLY WALL Sd R, XLib to BFLY BJO, rec R to BFLY WALL (W sd L, XRif, rec L);
- [15] **{Twirl Vine}** Sd L, XRib, sd L leading W to a RF Twirl (W Sd R trn RF 1/2, sd L trn RF 1/2, sd R) ;
- [16] **{Thru Side Close }** Thru R trn to face, sd L, cl R BFLY WALL ;

C: 1-8

1-4 WALTZ AWAY & TOGETHER ;; SOLO TURN IN 6 TO CP ;;

- [1-2] **{Waltz Away & Together}** BFLY WALL w/ insd hnds joined fwd L trn away from ptr, sd & fwd R to slight bk to bk, cl L; Sd & fwd R trn to fc ptr, sd L, cl R to BFLY WALL;
- [3-4] **{Solo Turn to CP}** OP LOD Fwd L trn away from ptr, sd R cont LF trn, cl L to fc RLOD (W fwd R trn away from ptr, sd L cont RF trn, cl R to fc RLOD); Bk R cont LF trn, sd L, cl R to CP WALL (W bk L cont RF trn, sd R, cl L);

5-8 LEFT TURNING BOX ;;;;

- [5-8] **{Left Turning Box}** CP WALL Fwd L trn 1/4 LF, sd R, cl L to CP LOD; Bk R trn 1/4 LF, sd L, cl R to CP COH; Repeat to BFLY;;

C: 1-5 (Modified)

1-4 WALTZ AWAY & TOGETHER ;; SOLO TURN IN 6 TO BFLY ;;

- [1-2] **{Waltz Away & Tog}** BFLY WALL w/ insd hnds joined fwd L trn away from ptr, sd & fwd R to slight bk to bk, cl L; Sd & fwd R trn to fc ptr, sd L, cl R to BFLY WALL;
- [3-4] **{Solo Turn to BFLY}** OP LOD Fwd L trn away from ptr, sd R cont LF trn, cl L to fc RLOD (W fwd R trn away from ptr, sd L cont RF trn, cl R to fc RLOD); Bk R cont LF trn, sd L, cl R to CPWALL (W bk L cont RF trn, sd R, cl L);

5 SLOW CANTER ;

- [5] **{Canter}** in BFLY sd L, draw R to L, cl R to BFLY WALL ;

ENDING: 1-7

1-6 TWISTY BALANCE LEFT & RIGHT ; ; TWISTY VINE 3 ; FORWARD FACE CLOSE ;

- [1-2] **{Twisty Balance Left and Right }** BFLY WALL Sd L, XRib to BFLY SCAR, rec L to BFLY WALL (W sd R, XLif, rec R) BFLY WALL Sd R, XLib to BFLY BJO, rec R to BFLY WALL (W sd L, XRif, rec L);
- [3] **{Twisty Vine}** sd R, XLIFR (W XLIFR), sd R; BJO fwd R (W bk L), trng to fc WALL sd L, cl R;
- [4] **{Forward Face Close}** fwd R (W bk L), trng to fc sd L, cl R;

5-7 SWAY LEFT & RIGHT ; ; STEP APART AND ACKNOWLEDGE ;

- [5] **{Sway Left}** {Sway Left & Hold} CP WALL Sd L stretching L sd of body (W sd R stretching R sd of body), hold pos, -;
- [6] **{Sway Right}** {Sway Right & Hold} BFLY WALL Sd R stretching R sd of body (W sd L stretching L sd of body), hold pos, -;
- [7] **{Step Apart and Acknowledge}** Step apt L M's R & W's L hands joined, pt R twd ptr, -;

REFLECTION WALTZ (HEAD CUES)

Choreographer: Sandi Kremer

RHYTHM: WALTZ PHASE II

SUGGESTED SPEED 47-48

DIFFICULTY: AVERAGE

SEQUENCE: INTRODUCTION A B A(MOD) C C (MOD) ENDING

INTRO: 1-4

CP Man Facing LOD Wait 2 Measures ; ; Sway Left & Right ; ;

A:1-16

2 Left Turns BFLY WALL; ; Vine 3 ; Thru Side Behind;

Roll 3 ; Thru Face Close ; Canter 2x CP ; ;

Left Turning Box BFLY; ; ; ;

Twisty Balance Left And Right ; ; Twirl Vine 3 ; PU To SCAR ;

B: 1-10

3 Progressive Twinkles BJO ; ; ; Fwd Face Close ;

Solo Turn 6 OPEN LOD ; ; Step & Point ; Spin Manuever ;

Two Quarter Right Turns To CP LOD ; ;

A: 1-16 (MODIFIED)

2 Left Turns BFLY WALL;; Vine 3 ; Thru Side Behind;

Roll 3 ; Thru Face Close ; Canter 2x CP WALL ; ;

Left Turning Box BFLY; ; ; ;

Twisty Balance L And R ; ; Twirl Vine 3 ;Thru Face Close BFLY ;

C: 1-8

Waltz Away & Together ; ; Solo Turn CP WALL ; ;

Left Turning Box BFLY; ; ; ;

C:(MODIFIED) 1-5

Waltz Away & Together ; ; Solo Turn In 6 To BFLY ; ; Slow Canter ;

END: 1-7

Twisty Balance Left & Right ; ; Twisty Vine 3 ; Forward Face Close;

Sway Left & Right ; ; Step Apart & Acknowledge ;