

PLAY A SIMPLE MELODY

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CHOREO: Karen and Ed Gloodt, 300 Beaumont, Ardmore, OK 73401
Email: egloodt@netscape.net, Website: gloodts-letsdance.com
580-226-0445 or 480-677-0666

MUSIC: Play a Simple Melody, *The Best of the Dansan Years*, Vol. 7, Johnny Howard and His Orchestra, available as download from Amazon, (speed slightly if desired)

RHYTHM: Foxtrot/Jive, Phase III+2 (Telemark SCP and Spanish Arms) average difficulty

FOOTWORK: Opposite, unless otherwise noted (W's footwork in parentheses)

SEQUENCE: INTRO A B C B ENDING

INTRO

1-4 CP LOD WAIT;; 2 SIDE TOUCHES; DIP & RECOVER;

1-2 {wait} CP LOD Wait;;
3-4 {dip & rec} Dip bk L, -, rec R, -;

PART A

1-4 2 LEFT TURNS;; HOVER SCP; PICK UP TO SIDECAR;

1-2 {2 left turns} Fwd L comm LF trn, -, cont trn sd & bk R, cl L; Bk R comm LF trn, -, cont trn sd & fwd L, cl R to fc DLW;
3 {hov} Fwd L, -, fwd & sd R rising, rec L to SCP DLC;
4 {p/up scar} Thru R, -, fwd & sd L trng RF, cl R Leading W to SCAR DLW;

5-8 CROSS HOVER 3X;;; FORWARD FACE CLOSE DLW;

5 {x hov bjo} XLif, -, sd R w/ rise trng slightly LF, rec L ending in BJO DLC (W XRib, -, Sd L w/ rise, rec R);
6 {x hov scar} XRif, -, sd L w/ rise trng slightly RF, rec R to SCAR (W XLib, -, sd R w/ rise, rec L);
7 {x hov bjo} XLif, -, sd R w/ rise trng slightly LF, rec L ending in BJO DLC (W XRib, -, Sd L w/ rise, rec R);
8 {fwd fc cl} Fwd R, -, sd L, cl R DLW (W bk L, -, sd R, cl L);

9-12 WHISK; WING; TELEMAR SCP; HOVER FALLAWAY;

9 {whisk} Fwd L, -, sd & slightly fwd R, XLIB to SCP DLC;
10 {wing} Fwd R comm LF trn, -, cont upper body rotation dr & tch L leading W to SCAR DLC (W fwd L, -, fwd R, fwd L, to SCAR w/ R stretch keeping head in CP);
11 {tele SCP} Fwd L to CP comm LF trn, -, sd R cont trn, sd & fwd L (W bk R comm Lf trn, -, cl L to R for heel trn, sd & fwd R to SCP DLW);
12 {hov fallaway} Fwd R, -, fwd L w/ rise, rec bk R;

13-16 SLIP PIVOT; MANUEVER; OVER SPIN TURN; BOX FIN WALL;

13 {slip piv} Bk L, -, bk R trng LF, fwd L (W bk R piv LF, -, cont trn fwd L, bk R to BJO);
14 {manuv} Fwd R trng RF, -, sd L, cl R to CP RLOD;
15 {over spin turn} Bk L pivoting RF, -, fwd R completing ¾ trn, bk L to fc DRW;
16 {box fin} Bk R, -, sd L trng slightly LF to fc WALL, cl R;

PART B

1-4 CHASSE L & R; RIGHT TO LEFT – CHANGE HANDS BEHIND BACK;;;

1 {chasse L & R} Sd L/R, L, sd R/L, R;
2-4 {R to L} Rk bk L, rec R, fwd L/cl R, fwd L (Rk bk R, rec L, fwd R/cl L, fwd R trng ½ in front of man); Sd & fwd R/cl L, sd R (sd L/cl R, sd & bk L) to LOP LOD, {chg hnds beh bk} rk apt L, rec R; Chasse fwd L/R, L trng ¼ LF chng W's R hnd to M's R hnd beh M's bk (fwd R/L, R, trng ¼ RF), chasse sd & bk R/L, R cont trng ¼ LF to fc RLOD chng W's R hnd to M's L (W sd L/R, sd & bk L trng ¼ RF);

5-8 LEFT TO RIGHT TO COH – SPANISH ARMS TO WALL;;; PROGRESSIVE ROCK 4;

5-7 {L to R} Rk apt L, rec R, sd L/R, L to fc ptrn COH (Rk apt R, rec L, fwd chasse R/L, R trng ¼ LF und ld hnds); Sd chasse R/L, R, {span arms} rk apt L, rec R joining both hnds; Trng RF wrap W L/cl R, L w/ hnds over W's head (rk apt R, rec L, sd R/cl L trng LF to momentary wrap both fcg LOD, sd R immediately trng ¼ RF), cont RF trn R/cl L, R to fc WALL (L/cl R, L to fc M);
8 {prog rk 4} Keeping both hds joined rk apt L, rec crossing RIF, rk apt L, rec crossing RIF;

PART B (CONTINUED)

- 9-12 CHASSE L & R; RIGHT TURNING FALLAWAY 2X:::
 9 {chasse L & R} Sd L/R, L, sd R/L, R;
 10-12 {R trng fallaway 2x} Trng to SCP rk bk L, rec R, sd L/cl R, sd L, trng ¼ RF; Cont trng sd R/cl L, sd R, to fc COH, trng to SCP RLOD rk bk L, rec R; Trng ¼ RF sd L/cl R, sd L, cont trng to fc WALL sd R/cl L, sd R;
- 13-16 FALLAWAY THROWAWAY – L TO RIGHT TO WALL:::; ROCK REC SIDE CLOSE;
 13-15 {fallaway throwaway-L to R} Rk bk L, rec R, fwd L/cl/R, fwd L (Rk bk R, rec L, fwd R/cl L, fwd R trng ½ in front of man); Sd & fwd R (sd L/cl R, sd & bk L) to LOP LOD, {L to R} rk bk L, rec R; Sd L/R, L to fc ptnr wall (Fwd chasse R/L, R trng ¼ LF und ld hnds), sd chasse R/L,R to BFLY;
 16 {rk rec sd cl} Rk apt L, rec R, sd L, cl R;

PART C

- 1-4 SCP FORWARD & RUN 2; PICKUP & RUN 2; TURN L CHASSE BJO; BACK TWIST VINE 4 BJO;
 1 {SCP fwd run 2} Turning to SCP fwd L, -, fwd R, fwd L;
 2 {pickup run 2} Thru R leading W to fold in front to p/up, -, fwd L, fwd R;
 3 {trn L chasse bjo} Fwd L trng LF, -, sd & bk R/L, R cont trng to BJO feg DRC;
 4 {bk twist vine 4 to BJO} Back L, sd R, XLIF, sd & bk R to BJO DRC (W Fwd R, sd L, XRIB, fwd L);
- 5-8 IMPETUS SCP; THRU HOVER BJO; BACK HOVER SCP; THRU FAN TOUCH;
 5 {imp SCP} Bk L comm RF trn, -, cl R cont RF heel trn, sd & fwd L SCP LOD (W fwd R, -, sd & fwd L trng RF, fwd R);
 6 {thru hov bjo} Thru R, -, fwd L w/ slight rise, rec R (W thru L, -, fwd R w/ rise trng LF, rec L to BJO);
 7 {bk hov SCP} Bk L, -, sd & bk R w/ slight rise, rec L SCP (Fwd R, -, sd & fwd L rising & trng to SCP, fwd R);
 8 {thru fan tch} Thru R, -, fan L, tch L;
- 9-12 HOVER; THRU CHASSE SCP; THRU CHASSE BJO; FWD FACE CL;
 9 {hov} Fwd L, -, fwd & sd R rising, rec L to SCP;
 10 {thru chasse SCP} Thru R, -, sd L/cl R, fwd L to SCP;
 11 {thru chasse BJO} Thru R, -, sdL/cl R, fwd L to BJO DLW (Fwd L comm LF trn, -, fwd & sd R/cl L, bk R);
 12 {fwd fc cl} Fwd R (bk L), -, sd L, cl R;
- 13-16 TWIST VINE 3; MANUEVER; IMPETUS SCP; THRU SD CL;
 13 {twist vine 3} Sd & bk L, -, XRIB (XLIF), sd & fwd L;
 14 {manuv} Fwd R trng RF, -, sd L, cl R to CP RLOD;
 15 {imp scp} Bk L comm RF trn, -, cl R cont RF heel trn, sd & fwd L SCP LOD (W fwd R, -, sd & fwd L trng RF, fwd R);
 16 {thru sd cl} Thru R, -, sd L, cl R to CP;

REPEAT B TO BFLYENDING

- 1+ TWIRL VINE 3 TO BFLY & CHAIR; TILT,
 QQQQ 1 {twirl vine 3 & chair} Sd & bk L, XRIB, sd L to BFLY, ck thru R w/ bent knee (Sd & fwd R commencing RF trn und ld hnds, sd & bk L to fc RLOD, sd R to BFLY, ck thru L w/ bent knee);
 2 {tilt} Quickly raise ld arms slightly & look to RLOD on last note, [last note is faint; option: just freeze on the chair]