

NICOLE'S ROCK & ROLL WALTZ

Presented by: Mel Branham w/Audrey Pecor

Choreographers: Kit & Sandy Brown, 1924 Owl Creek Road, Murphy, N Carolina 28906
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Record: RCA URC-1095 Music: Rock & Roll Waltz (Kay Starr)
Footwork: opposite unless noted (*woman's in parenthesis*)
Rhythm: Waltz RAL Phase: II Suggested Speed: 43 or for comfort
Sequence: Intro - A - B - C - D - B - D - Ending Release date: April, 2004, ver 1.1

INTRO

Meas

- 1-4 **WAIT 2 MEAS ;; AWAY & TOG ;;**
1-2 Wait 2 Meas ½ OP/LOD ;;
3-4 Side {apart} L, draw R, touch R ; side {TOG} R, draw L, touch L ;

PART A

- 1-4 **FWD WALTZ ; PICKUP SCAR ; PROG TWINKLE ; MANUEVER ;**
1 Fwd L, fwd & sd R, cl L ;
2 Fwd R leading W to make lf trn, sd L cont to lead W to SCAR/DLW, cl R ;
3 XLIF (*XRIB*) start lf trn, sd R cont trn to DLC, cl L BJO/DLC ;
4 Fwd R start rf upper body trn, cont rf trn to fc ptr sd L, cl R CP/RLOD ;
- 5-8 **2 RT TURNS BFLY ;; BALANCE LEFT & RIGHT ;;**
5-6 Bk L trng rf to fc COH, sd R cont rf trn to fc DLC, cl L ; fwd R cont rf trn to fc DLW, sd L cont rf trn to fc WALL, cl R to BFLY ;
7-8 Sd L, XRIB (*XLIB*), in plc L ; sd R, XLIB (*XRIB*), in plc R ;
- 9-12 **WALTZ AWAY & TOG ;; TWIRL/VINE 3 ; THRU FACE CLOSE ;**
9-10 Fwd L trng away from ptr, sd R, cl L ; sd & fwd trng R towards ptr, sd L fcg ptr, cl R ;
11 Sd L, XRIB, sd L (*sd & fwd R trng RF, sd & bk L cont RF trn to fc ptr, sd R*) ;
12 XRIF & fwd (*XLIF*), sd L to fc ptr, cl R CP/WALL ;
- 13-16 **LEFT TURNING BOX ;;;**
13 Fwd L start lf trn, sd R cont trn, cl L CP/LOD ;
14 Bk R cont lf trn, sd L cont trn, cl R CP/COH ;
15 Fwd L cont lf trn, sd R cont trn, cl L CP/RLOD ;
16 Bk R cont lf trn, sd L cont trn, cl R CP/WALL ;

PART B

- 1-4 **TWISTY BALANCE LEFT & RIGHT ;; SOLO TURN ;;**
1-2 Sd L, XRIB (*XLIF*), in plc L ; sd R, XLIB (*XRIF*), in plc R ;
3 Sd & fwd L trn away from ptr, sd R cont trn to fc RLOD, cl L ;
4 Bk R cont trn, sd L cont trn to fc ptr, cl R to BJO/WALL ;
- 5-8 **WHEEL BFLY ;; STEP LIFT ; SPIN MANUEVER ;**
5-6 {In a circular motion} Fwd L, fwd R, cl L ; fwd R, fwd L, cl R BFLY/WALL ;
7 Sd & fwd L towards LOD, lift R, - ;
8 Fwd R start rf upper body trn, cont rf trn to fc ptr sd L, cl R CP/RLOD (start lf spin in plc L, in plc R, in plc L) CP/RLOD ;
- 9-12 **2 RT TURNS BFLY ;; BALANCE LEFT & RIGHT ;;**
9-10 Bk L trng rf to fc COH, sd R cont rf trn to fc DLC, cl L ; fwd R cont rf trn to fc DLW, sd L cont rf trn to fc WALL, cl R to BFLY ;
11-12 Sd L, XRIB (*XLIB*), in plc L ; sd R, XLIB (*XRIB*), in plc R ;
- 13-16 **LACE ACROSS ; FWD WALTZ ; LACE ACROSS ; FWD WALTZ ;**
13 With lead hands joined fwd L moving behind W, fwd R, cl L ;
14 Fwd R, fwd & sd L, cl R ;
15 With trlg hands joined fwd L moving behind W, fwd R, cl L ;
16 Fwd R, fwd & sd L, cl R ;

PART C

- 1-4 **FWD WALTZ ; FWD ROCK 3 ; BALANCE LEFT ; {RLOD} ROLL 3 ;**
1 Fwd L, fwd & sd R, cl L ;
2 Fwd rk R, rec L, fwd rk R trng to fc ptr ;
3 Sd L, XRIB (XLIB), in plc L ;
4 Sd & fwd R start rf trn, sd & bk L cont trn to fc ptr, sd R ;
- 5-8 **THRU TWINKLE ; THRU FACE CLOSE BFLY ; SOLO TURN ;:**
5 XLIF (XRIF) start lf (rf) trn, sd R cont lf (rf) trn to fc LOD, cl L ;
6 XRIF & fwd (XRIF), sd L to fc ptr, cl R BFLY/WALL ;
7 Sd & fwd L trn away from ptr, sd R cont trn to fc RLOD, cl L ;
8 Bk R cont trn, sd L cont trn to fc ptr, cl R to BFLY/WALL ;
- 9-12 **BALANCE LEFT ; {RLOD} ROLL 3 ; THRU TWINKLE ; THRU FACE CLOSE CP/WALL ;**
9 Sd L, XRIB (XLIB), in plc L ;
10 Sd & fwd R start rf trn, sd & bk L cont trn to fc ptr, sd R ;
11 XLIF (XRIF) start lf (rf) trn, sd R cont lf (rf) trn to fc LOD, cl L ;
12 XRIF & fwd (XRIF), sd L to fc ptr, cl R CP/WALL ;
- 13-16 **LEFT TURNING BOX ;:::**
13 Fwd L start lf trn, sd R cont trn, cl L CP/LOD ;
14 Bk R cont lf trn, sd L cont trn, cl R CP/COH ;
15 Fwd L cont lf trn, sd R cont trn, cl L CP/RLOD ;
16 Bk R cont lf trn, sd L cont trn, cl R CP/WALL ;

PART D

- 1-4 **FWD WALTZ ; FWD ROCK 3 ; BALANCE LEFT ; {RLOD} ROLL 3 ;**
1 Trng to OP/LOD fwd L, fwd & sd R, cl L ;
2 Fwd rk R, rec L, fwd rk R trng to fc ptr ;
3 Sd L, XRIB (XLIB), in plc L ;
4 Sd & fwd R start rf trn, sd & bk L cont trn to fc ptr, sd R ;
- 5-8 **THRU TWINKLE ; PICKUP SCAR ; PROG TWINKLES ;:**
5 XLIF (XRIF) start lf (rf) trn, sd R cont lf (rf) trn to fc LOD, cl L ;
6 Fwd R leading W to make lf trn, sd L cont to lead W to SCAR/DLW, cl R ;
7 XLIF (XRIB) start lf trn, sd R cont trn to DLC, cl L BJO/DLC ;
8 XRIF (XLIB) start rf trn, sd L cont trn to DLW, cl R SCAR/DLW ;
- 9-12 **PROG TWINKLE ; FWD FACE CLOSE CP ; TWIST VINE 3 ; FWD FACE CL ;**
9 XLIF (XRIB) start lf trn, sd R cont trn to DLC, cl L BJO/DLC ;
10 Fwd R (bk L) start rf trn, sd L cont trn to fc ptr, cl R CP/WALL ;
11 Sd L, XRIB (XLIF), sd L ;
12 Fwd R (bk L) start rf trn, sd L cont trn to fc ptr, cl R CP/WALL ;
- 13-14 **BOX ;:**
13 Fwd L, sd R, cl L ;
14 Bk R, sd L, cl R ;

REPEAT B

REPEAT D

ENDING

- 1-6 **BALANCE L & R ;: TWIRL/VINE 3 ; THRU FACE CL CP/WALL ; DIP & HOLD ; TWIST ;**
1-2 Sd L, XRIB (XLIB), in plc L ; sd R, XLIB (XRIB), in plc R ;
3 Sd L, XRIB, sd L (sd & fwd R trng RF, sd & bk L cont RF trn to fc ptr, sd R) ;
4 XRIF & fwd (XLIF), sd L to fc ptr, cl R CP/WALL ;
5 Bk L with knee slightly bent & R leg extended, -, - ;
6 With upper body action rotate lf,