Kiss A Frog

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Music: **Kiss (Cha Cha / 30)**
Artist: **C.F.D. Feat. Michael Wilson**
Download: **https://casa-musica.com/en/single-tracks/23650-kiss-cha-cha-30.html**
Time: **as downloaded 2:57**
Slow Music in Audacity from 120 BPM to 112 BPM about -6.7%
NOTE: [this is the same music as our PH 6 Kiss a Prince]
Footwork: **Opposite except where noted**
Rhythm/Phase: **Cha Phase 4**
Sequence: **Intro-A-Bridge-B-Bridge-A-END**
Revised Dec 2025: **All Whip cues in Part A have been changed to a X-body**

INTRO

1-4 4 SAILOR SHUFFLES ; ; SPOT TURN IN 4 ; TRAVOLTA LINE HOLD LEAD HANDS ;

Wait pick up notes low BFLY WALL

1 **1&2 3&4** **{4 Sailor shuffles}** XLIB R, sd L/sd R,XRIB L, sd R/sd L **;**
2 **5&6 7&8** XLIB R, sd L/sd R,XRIB L, sd R/sd L **;**
3 **{Spot trn in 4}** XLIF comm RF trn, rec R cont trn to fc ptr, sd L, rec R **;**
4 **{Travolta line hold}** With no hands joined pt L sd and lift lead arm straight up overhead with index finger pointing up & trail hand on hip **;**

PART A

1-8 HALF BASIC & ALTERNATING UNDERARM TURNS ; FIRST LADY UNDER ; TRAIL HANDS MEN UNDER ; LEAD HANDS LADY UNDER TO BFLY ; NEW YORKER INTO X-BODY ; AND TWIRL ; NEW YORKER ; TIME STEP JOIN LEAD HANDS ;

1 **{Half basic & alternating u/arm trns }** Fwd L, rec R, sd L/cl R, sd L rsng ld arms to ld the first u/arm trn (Bk R, rec L, sdR/cl L, sd R) **;**
2 **{First ldy undr}** Bk R, rec L, sd R/cl L, sd R switching to tr hnds (Fwd L undr ld hnds cmm RF trn, rec R fc M, sd L/cl R, sd) **;**
3 **{Tr hnds M undr}** Fwd L undr tr hnds Cmm RF trn, rec R fc W, sd L/cl R, sd L switching to ld hnds (Bk R, rec L, sd R/cl L, sd R **;**
4 **{Ld hnds lady undr}** Bk R, rec L, sd R/cl L, sd R switching to tr hnds (Fwd L undr ld hnds cmm RF trn, rec R fc M, sd L/cl R, sd) **;**
5 **{New Yorker}** Sharp trn RF to LOP RLOD fwd L, rec R trng to fc W, sd L/cl R, sd L **;**
6 **{Into Xbody & twrl}** Bk R trng ¼ LF, rec fwd L trng ¼ LF, sd R/cl L, sd R (Fwd L outside M on his L sd, Fwd R trng ½ LF, undr M's L & W's R hnds twirl 1 full LF trn sd & fwd L/cl R, sd L to BFLY) COH/BFLY **;**
7 **{New Yorker}** Sharp trn LF to OP LOD fwd R, rec L trng to fc W, sd R/cl L, sd R **;**
8 **{Time step}** Release hnds XLIB, rec R, sd L/cl R, sd L jn ld hnds **;**

9-14 CHASE WITH UNDERARM PASS ; FACE WALL ; REVERSE UNDERARM TURN ; UNDERARM TURN ; FENCELINE IN 4 ; HALF BASIC TO A ;

9-10 **{Chase w/u/arm pass fc WALL}** Jn ld hnds fwd L trng ½ RF keep ld hnds jnd, fwd R WALL, fwd L/cl R, fwd L (Bk R, rec L, fwd R/cl L, fwd R) **;** Rk bk R ld W past M's L sd to trn undr ld hnds, rec L, sd R/cl L, sd R (Fwd L, fwd R undr ld hnds trng LF fc M, sd L/cl R, sd L) BFLY WALL **;**

11 **{Rev u/arm trn}** XLIF ld W to trn undr ld hnds, rec R, sd L/cl R, sd L (Fwd R RLOD undr ld hnds cmm LF trn, rec L trng LF fc M, sd R/cl L, sd R) **;**

12 **{U/arm trn}** Bk R, rec L, sd R/cl L, small sd R (Fwd L undr ld hnds cmm RF trn, rec R fc M, sd L/cl R, sd L) BFLY WALL ;

13 1234 **{Fenceline in 4}** Fwd & across L with soft lunge, rec R, sd L, sd R BFLY WALL **;**

14 **{Half basic to a}** Fwd L, rec R, sd L/cl R, sd L (Bk R, rec L, sdR/cl L, sd R) **;**

15-24 FACING FAN MEN FACE LOD ; BASIC X-BODY ; OVERTURN TO TANDEM RLOD INTO ; TRIPLE CHAS ; ROCK RECOVER SHE TURNS INTO BACK TRIPLE CHAS ; ; X-BODY TO FAN MEN FACE WALL ; ALEMANA ; TO BFLY ; FENCELINE IN 4 ;

15 **{Facing fan M fc LOD}** Bk R, rec L trng LF to LOD, fwd R/XLIB, fwd R to fc W (Fwd L to M, fwd R trn ½ LF, bk L/XRIF, bk L) **;**

16 **{Basic Xbody ovrtrnd to fc RLOD}** Fwd L, rec R, bk L/cl R, bk L **;**

17 Bk R, rec L trng LF to fc RLOD, fwd R/cl L to R, fwd R (Fwd L, fwd R trng ½ LF to TANDEM RLOD, fwd L/lk RIB of L, fwd L) TANDEM RLOD no hnds jnd **;**

18 **{Into triples chas}** Fwd L/lk RIB of L, fwd L, fwd R/lk LIB of R, fwd R **;**

19 **{Rk rec she turns into bk triple chas}** Fwd L, rec R, R hnd Star bk L/lk RIF of L, bk L (Fwd turn ½ LF, fwd L, jn ld hnds fwd R/lk LIB of R, fwd R) **;**

20 Left hand star Bk R/lk LIF of R, bk R, jn ld hnds bk L/lk RIF of L, bk L (fwd L/lk RIB of L, fwd L fwd R/lkLib of R, fwd R) now facing partner and RLOD **;**

21 **{Xbody to a fan M fc WALL}** Bk R, trn LF ¼ sd L, XRIF/rec L, sd R (fwd L, fwd R turn ½ LF BkL/lk R, bk L to Fan Pos WALL **;**

22-23 **{Alemana to BFLY}** Rk fwd L, rec R, cl L/ sd R sd L raise ld hnds palm to palm, rk bk R ld W RF undr jnd ld hnds, rec L cont undr arm trn, sd R/ cl L, sd R to BFLY (Cl R to L, fwd L, fwd R/ lk LIB of R fwd R swvl RF **;** Fwd L trnng RF undr jnd ld hnds to fc DRW, fwd R with strong RF trn to fc M, sd L/ cl R, sd L) BFLY WALL **;**

24 1234 **{Fenceline in 4}** Fwd & across L with soft lunge, rec R, sd L, sd R **;**

BRIDGE

1-4 SPOT TURN TO LOD ; WALK AND CHA TWICE ; ; FACE POINT KNEE POINT ;

1 **{Spot trn to LOD}** Fwd & across L to RLOD trng RF, rec R cont trng to LOD, fwd L/lk RIB of L, L fwd (Fwd & across R RLOD trng LF, rec L cont LF trng to LOD, fwd R/lk LIB of R, fwd R) OPEN LOD NO hnds jnd **;**

2 -3 **{Walk & cha twice}** Fwd R, fwd L fwd R/lock L fwd R **;** Fwd L, fwd R fwd L/lock R fwd L OPEN LOD **;**

4 1234 **{Fc point knee point}** Fwd R swivrel RF 1/4, pnt L sd, bring L knee up and across, point L sd (Fwd L swivel LF ¼, pnt R sd, bring R knee up and across, point R sd) WALL no hands joined **;**

PART B

1-8 CIRCLE AWAY 2 MEASURES ; FACE PARTNER ; 4 CROSS POINTS TOGETHER TO BFLY ; ; FULL BASIC ; ; SAND STEP ; SIDE WALK 1 MEASURE ;

1-2 **{Circle away 2 measures to fc}** Move away from ptr in a LF (W RF) semi circular pattern fwd L, fwd R, fwd L/ lk R behind L, fwd L to fc COH **;** fwd R, fwd L, fwd R/lk L, behind R fwd R to fc partner & WALL
8' to 10' feet apart **;**

3-4 **{4 Cross points together}** Moving toward partner fwd & across L point R to sd, fwd & across R point L to sd **;** fwd & across L point R to sd, fwd & across R point L to BFLY WALL **;**

5-6 **{Full basic}** Fwd L, rec R, keeping fwd poise bk L/pull R bk slightly, cl L to R (Bk R, rec L, fwd R/L R twist hips to LOD) **;**

7 **{Sand step}** Slight swivel RF on R tch L toe to R instep, swivel LF on R tch L heel to floor, swivel RF on R XLIF/sd R, XLIF BFLY WALL **;**

8 **{Sidewalk}** Sd R, cl L, sd R/cl L sd R BFLY WALL **;**

9-16 SAND STEP ; SIDE WALK 1 MEASURE ; FENCELINE ; CRABWALK 2 MEASURES ; ; SHOULDER TO SHOULDER TWICE ; ; CUCARACHA TO A HANDSHAKE ;

9-10 **Repeat measures 7 & 8**

11 **{Fenceline}** Fwd & across L with soft lunge, rec R, sd L/cl R, sd L **;**

12-13 **{Crabwalk 2 meas}** XRIF, sd L, XRIF/sd L, XRIF **;** Sd L, XRIF, sd L/cl R, sd L **;**

14-15 **{Sh to Sh twice}** Slight LF trn fwd R outsd ptnr , rec L, sd R/cl L, sd R **;** Slight RF trn fwd L outsd ptnr, rec R, sd L/cl R, sd L **;**

16 **{Cucaracha to hndsk}** Sd R w/pushing action, rec L, in plc R/L, R HNDSK **;**

17-24 OPEN BREAK TO VARS RLOD ; WHEEL FACE LOD ; SLIDE THE DOOR TWICE ; JOIN TRAIL HANDS ; WALK AND CHA INTO A ; LEFT LARIAT ; MEN FACE WALL BFLY ; NEW YORKER ;

17 **{Open break to VARS RLOD}** Apart L extending L arm out to sd, rec R & cmm trn ¼ RF, cont ¼ RF trn sd/cl R to L, sd L (Apart R extending L arm to sd, rec L & cmm LF ¼ trn, cont trn sd/cl L to R, sd R) to VARS RLOD **;**

18 **{Wheel fc LOD}** Wheel ¼ RF fwd R, wheel ¼ RF fwd L to fc LOD, fwd R/L, fwd R (Almost in place wheel RF L, R, fwd L/lk RIB of L, fwd L) to VARS LOD **;**

19-20 **{Slide the door twice}** Release R hnd Rk apt L, rec R release L hnd, crssng beh W XLIF/sd R XLIF jn R hnds **;** Rk apt R, rec L release R hnds, crssng beh W XRIF/sd L, XRIF jn tr hnds OPEN LOD **;**

21 **{Walk & Cha}** Fwd L, fwd R fwd L/lock R fwd L OPEN LOD **;**

22-23 **{Left lariat M fc WALL}** Keep tr hnds jnd ld W CCW arnd M Sd R, rec L, cl R/Lip, RIP **;** (Fwd L CCW arnd M, undr jn hnds fwd R, fwd L/cl R, fwd L) **;** cont to ld W arnd to fc ptr sd L trng RF to WALL, rec R, cl L/cl R, sd L (Fwd R, fwd L, fwd R/ cl L sd R to fc ptr) to BFLY WALL **;**

24 QQS **{New yorker}** Sharp trn LF to OP LOD fwd R, rec L trng to fc W, sd R/cl L, sd R **;**

REPEAT BRIDGE
REPEAT PART A
END

1-4 SAILOR SHUFFLES 4 TIMES ; ; SPOT TURN IN 4 ; TRAVOLTA LINE & BLOW

KISS ;

1 **1&2 3&4** **{4 Sailor shuffles}** XLIB R, sd L/sd R,XRIB L, sd R/sd L **;**

2 **5&6 7&8** XLIB R, sd L/sd R,XRIB L, sd R/sd L **;**

3 **1234** **{Spot trn in 4}** XLif (W XRif) comm RF trn (W LF), rec R cont trn to fc ptr, sd L, rec R **;**

4 **1&2** **{Travolta line & blow kiss}** With no hands joined pt L sd and lift lead arm straight up overhead with index finger pointing up & trl hnd on hip, ld hnd to mouth/blow kiss with ld hnd, hold **;**

KISS A FROG 3 HEAD CUES

INTRO

4 SAILOR SHUFFLES ; ; SPOT TURN IN 4 ; TRAVOLTA LINE LEAD HANDS ;

PART A

HALF BASIC & ALTERNATING UNDERARM TURNS ; FIRST LADY UNDER ; TRAIL HANDS MEN UNDER ; LEAD HANDS LADY UNDER TO BFLY ; NEW YORKER INTO X-BODY ; WITH TWIRL ; NEW YORKER ; TIME STEP JOIN LEAD HANDS ; CHASE WITH UNDERARM PASS ; FACE WALL ; REVERSE UNDERARM TURN ; UNDERARM TURN ; FENCELINE IN 4 ; HALF BASIC TO A ; FACING FAN MEN FACE LOD ; BASIC X-BODY ; OVERTURN TO TANDEM RLOD INTO ; TRIPLE CHAS ; ROCK RECOVER SHE TURNS INTO BACK TRIPLE CHAS ; ; X-BODY TO FAN MEN FACE WALL ; ALEMANA ; TO BFLY ; FENCELINE IN 4 ;

BRIDGE

SPOT TURN TO LOD ; WALK AND CHA TWICE ; ; FACE POINT KNEE POINT ;

PART B

CIRCLE AWAY 2 MEASURES ; FACE PARTNER ; 4 CROSS POINTS TOGETHER TO BFLY ; ; FULL BASIC ; ; SAND STEP ; SIDE WALK 1 MEASURE ; SAND STEP ; SIDE WALK 1 MEASURE ; FENCELINE ; CRABWALK 2 MEASURES ; ; SHOULDER TO SHOULDER TWICE ; ; CUCARACHA TO A HANDSHAKE ; OPEN BREAK TO VARS RLOD ; WHEEL FACE LOD ; SLIDE THE DOOR TWICE ; JOIN TRAIL HANDS ; WALK AND CHA INTO A ; LEFT LARIAT ; MEN FACE WALL BFLY ; RUMBA HIP ROCKS ;

REPEAT BRIDGE

REPEAT PART A

END

4 SAILOR SHUFFLES ; ; SPOT TURN IN 4 ; TRAVOLTA LINE & BLOW KISS ;