

IN A MELLOW TONE

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Music: The Manhattan Transfer "In a Mellow Tone" – CD "Let's Dance" The Best of Ballroom –
Foxtrots and Waltzes, track 3 (3:13) **Download:** Kohit.net – 1.35 MB free mp3 download
Speed: As on CD and download or slow for comfort
Rhythm: Foxtrot **Phase:** VI **Release:** July 2009
Sequence: **INTRO, A, B, C, D, B modif, ENDING**

INTRO

- 1 – 4 WAIT 1; CROSS WALKS with KNEE LIFTS; FWD, LK, FWD,-; PICK UP,-, MAN TOUCH,-;**
- (1) Wait in OP pos fcg LOD both left ft free pointed sd lead arms out to side;
SS (2) **{Cross Walks with Knee Lifts – identical footwork}** Both XLIF of R twd DW & swvl LF lift R ft up sd of L leg toe pt down knee fwd,-, both XRIF of L twd DC & swvl RF to fc DW lift L ft up sd of R leg toe pt down knee fwd,-;
QQS (3) **{Fwd Lock Fwd - identical footwork}** Still in OP slightly DLW both fwd L, lk RIB of L, fwd L,-;
S-- (4) **{Pick up Man Touch}** Fwd R twd DLW start trng Lady LF & folding her in front to fc,-,
(SS) tch L blending to CP DLW (W fwd R start LF trn to fc ptr,-, fwd L twd DC aim outside M's R ft finish LF trn to fc M & blend to CP)-;

PART A

- 1 – 4 3-STEP; HALF NATURAL; SPIN TURN OVERTURN; BACK CHASSE to BJO;**
- SQQ (1) **{3-Step}** Fwd L heel ld,-, fwd R heel ld rising to toe, fwd L;
SQQ (2) **{Half Natural}** Start RF upper body trn fwd R between W's ft,-, cont RF trn sd L across LOD, bk R (W start upper body trn bk L,-, cl R to L heel trn, fwd L) fc RLOD;
SQQ (3) **{Spin Turn Overturn}** Start RF upper body trn bk L toe pivoting 1/2 RF,-, fwd R between W's ft heel to toe cont RF trn 3/8 leave L leg extended sd & bk, rec L sd & bk fc DRW (W fwd R between M's ft heel to toe pivot 1/2 RF,-, bk L toe cont RF trn 3/8 brush R to L, fwd R) to CP DRW;
SQ&Q (4) **{Back Chasse to BJO}** Bk R trng LF to fc WL,-, sd L to LOD/cl R, sd & fwd L (W fwd L trng LF,-, sd R to LOD/cl L, sd & bk R) to BJO DLW;
- 5 – 8 CURVED FEATHER CHECK; OUTSIDE CHANGE to SCP; THRU JETE POINT; FALLAWAY RONDE & SLIP;**
- SQQ (5) **{Curved Feather Check}** Fwd R outside W start RF trn,-, with L sd stretch cont RF trn sd & fwd L, cont upper body trn with L sd stretch fwd R checking outside W fc DRC (W bk L start RF trn,-, cont trn with R sd stretch sd & bk R, cont upper body trn sm bk L) to BJO DRC;
SQQ (6) **{Outside Change to SCP}** Bk L in BJO twd DLC start dissolving L sd stretch,-, bk R trn LF, sd & fwd L to SCP DLW (W fwd R outside M start dissolving R sd stretch,-, fwd L, sd & fwd R to SCP DLW);
S&-- (7) **{Thru Jete Point}** Thru R,-/rising on R sm fwd onto ball of L, then lowering to flat of foot with springing action pt R to sd twd DRC with L sd stretch looking in dir of extended leg,-;
SQQ (8) **{Fallaway Ronde & Slip}** Push sd onto R ft look twd LOD as ronde L ft CCW (W CW)-, XLIB of R with rise, slip bk R under body to CP DLC (W trn LF to slip fwd L);
- 9 – 12 CURVING 3-STEP; BACK CURVING 3-STEP; HOVER TELEMAR; NATURAL PREPARATION;**
- SQQ (9) **{Curving 3-Step}** Fwd L start LF trn,-, fwd R well under body with R sd stretch cont LF trn, fwd L well under body banking into curve to end CP DRC (W bk R start LF trn,-, bk L with L sd stretch cont LF trn, bk R with strong lf sd stretch well under body);
SQQ (10) **{Back Curving 3-Step}** Bk R start LF trn,-, bk L well under body with L sd stretch cont LF trn, bk R banking into curve with checking motion to end CP DLW (W fwd L start LF trn,-, fwd R with R sd stretch cont trn, fwd L well under body with strong R sd stretch);

- SQQ (11) **{Hover Telemark}** Fwd L,-, diag sd & fwd R rising with body trn 1/8 RF, fwd L to SCP DW;
 SQ- (12) **{Natural Preparation}** Thru R start RF trn,-, sd & bk L across LOD cont RF trn fc COH,
 (SQQ) tch R to L with R sd stretch to prep pos (W fwd L,-, fwd R between M's ft, swiveling
 RF on R ft sm sd & bk L with L sd stretch & open head to R);

13 – 16 SAME FOOT LUNGE & CHANGE; HOVER CORTE EXIT; BACK ZIG ZAG 4; HESITATION CHANGE;

- S-- (13) **{Same Foot Lunge & Change}** Lower on L with slight L sway step sd & slightly fwd R
 twd DLC (W lower & XRIB of L),-, transfer wght to R with soft knee sway to R (W head
 well to L), trn upper body RF & chg sway to L open W's head to SCP RLOD;
 S-Q (14) **{Hover Corte Exit}** Rec sd & fwd L,-, rise trn body LF, sm sd & bk R fc DRC
 (SQQ) (W rec fwd L,-, fwd R rise trn LF fc DLW, rec fwd L) to BJO DRC;
 QQQQ (15) **{Back Zig Zag 4}** Bk L, cl R to L heel trn RF to SCAR, fwd L outside W, trn LF sd & bk R
 (W fwd R outside M, trn RF sd & bk L, bk R, trn LF sd & fwd L) to BJO DRC;
 SQ- (16) **{Hesitation Change}** Bk L trn RF,-, sd & bk R cont RF trn, draw L to R to CP DLC;

PART B

1 – 4 OPEN REVERSE; HOVER CORTE; BACK CHASSE to RLOD/WL; CONTRA CHECK & SWITCH;

- SQQ (1) **{Open Reverse}** Fwd L start LF trn,-, sd R cont trn, bk L to BJO DRC;
 SQQ (2) **{Hover Corte}** Bk R trn LF,-, sd & fwd L rise with hover action cont LF trn to BJO,
 rec bk R sm step in to BJO DLW;
 SQ&Q (3) **{Back Chasse to RLOD WL}** Bk L trn RF to fc WL,-, sd R to RLOD/cl L, sd & fwd R
 with R sd stretch open W's head to R (W fwd R trn RF,-, sd L to RLOD/cl R, sd & bk L)
 to CP DRW;
 SQQ (4) **{Contra Check & Switch}** Start LF upper body trn lower keeping hips up to ptr
 check fwd L with R sd leading looking twd but over W,-, rec R start strong RF trn
 leaving L ft almost in place, bk L pivoting RF to fc DLC (W bk R with strong L sd lead
 looking well L,-, rec L start RF trn, cont trn RF rec fwd R between M's feet) soft knees
 throughout total turn 5/8 end in CP DLC;

5 – 8 RUDOLPH RONDE & SLIP; DOUBLE REVERSE with SPLIT RONDE;; TURNING WHISK DLW;

- SQQ (5) **{Rudolph Ronde & Slip}** Fwd R between W's feet lower strongly while keeping
 L ft bk trn body RF to lead W's ronde,-, bk L well under body start LF trn, slip bk R
 with rise cont LF trn DLC (W bk L trn RF to SCP allowing R leg to ronde from hip CW
 keep R sd twd ptr XRIB of L at end of ronde,-, bk R well under body start LF trn on ball
 of R ft, slip L fwd cont LF trn placing L ft near M's R) CP DLC;
 SQ- (6-7) **{Double Reverse with Split Ronde}** Fwd L start LF trn,-, sd R 3/8 trn between 1st & 2nd
 (SQ&Q&) step, spin LF 1/2 on ball of R ft bring L to R no wght fc LOD (W bk R start LF trn,-,
 close L to R heel trn/sd & slightly bk R cont LF trn, XLIF of R/chg wght to R beside L);
 -QQ **{Continue Split Ronde}** Stop rotation drop straight down into R knee both ronde L leg fwd
 -Q&Q then out & back CCW,-, XLIB of R strong LF trn, sm sd R cont LF trn to CP DRC
 (W ronde L CCW,-, XLIB of R trn LF/sm sd R cont trn, XLIF of R);
 SQQ (8) **{Turning Whisk}** CP DRC fwd L twd DRC start LF trn,-, sd R cont LF trn fc DRW,
 XLIB of R turning W to SCP DLW;

**9 – 12 OPEN NATURAL; BACK CHASSE/Lady TWIRL to BFL SCAR; FORW CHECK DEVELOPE;
 FEATHER FINISH;**

- SQQ (9) **{Open Natural}** Fwd R start RF trn,-, sd & fwd L trn RF to CP, sd & slightly bk on R to
 BJO DRC (W fwd L,-, fwd R between M's feet, fwd L);
 SQ&Q (10) **{Back Chasse/LadyTwirl to BFL SCAR}** Bk L start RF trn fc COH,-, sd R lead W's RF
 underarm trn/cl L to R, cont RF trn step fwd R to BFL SCAR fc DLC (W fwd R outside ptr
 start RF trn,-, RF outside underarm trn sd & bk L/fwd R, bk L to BFL SCAR fc DRW);
 S-- (11) **{Forw Check Lady Develope}** BFL SCAR check fwd L outside ptr slgt R sd stretch,-,-
 (W lower into standing ft check bk R well under body draw L ft to prep,-, bring L ft up R
 leg to inside of R knee, extend L ft fwd with L sd stretch head open to R);
 SQQ (12) **{Feather Finish}** BFL SCAR bk R,-, sd L across W, fwd R outside ptr blend to BJO DC
 (W BFL SCAR fwd L,-, sm sd R, bk L blend to BJO);

13 – 16 REVERSE WAVE 1/2; CHECK & WEAWE;; CHANGE OF DIRECTION:

- SQQ (13) **{Reverse Wave 3}** Fwd L start LF body trn,-, sd R fc DRC, bk L (W bk R start LF trn,-, cl L to R heel trn, fwd R) CP DRC;
- SQQ (14-15)**{Check & Weave}** Slip R ft bk under body with slgt contra check action,-, fwd L start LF QQQQ trn, sd R 1/8 of a LF trn with R sd lead; bk L in CBMP cont LF trn 1/8, bk R to momentary CP cont LF trn, sd & fwd L with L sd stretch trn 1/4 LF body trns less, fwd R in BJO DLW;
- SQ- (16) **{Change of Direction}** Fwd L DW blending to CP,-, fwd R with R shldr lead trn LF, draw L to R fc DLC;

PART C

1 – 4 ZIG ZAG 4; HOVER CROSS ENDING; QUICK DIAMOND 4 FC RLOD; BACK to a HINGE:

- QQQQ (1) **{Zig Zag 4}** CP DLC Fwd L start LF trn, sd R fc DRC, bk L start RF trn, fwd R to SCAR DC with R sd stretch (W bk R, cl L to R heel trn LF, fwd R outside ptr start trn RF, sd & bk L with L sd stretch & open head);
- QQQQ (2) **{Hover Cross Ending}** Chk fwd L outside ptr in SCAR, rec R, sd & fwd L, fwd R to BJO DLC;
- QQQQ (3) **{Quick Diamond 4}** Fwd L start LF trn, sd R cont trn, bk L cont trn, bk R to CP RLOD;
- S-- (4) **{Back to a Hinge}** Bk & sd L twd LOD trn upper body fc WL with L sd stretch leading W (SS) to XLIB of R keeping L sd twd ptr,-, relax L knee leaving R leg extended rotate upper body LF DW (W fwd R swvl 1/2 LF with R sd stretch,-, XLIB of R keeping L sd to ptr relaxing L knee R leg extended fwd to RLOD with no wgt),-;

5 - 8 LADY ROLL OUT,-, to OP WL, MAN REC; CROSS HOVER to DLW; BOTH ROLL 4 MAN ACROSS to LOP LOD; CHECK BK, ROLL LADY ACROSS in 4 to OP LOD;

- Q (5) **{Lady Roll Out to OP Man Rec}** In Hinge Line fc DLW rotate upper body RF to lead W (SQQ) to step fwd on R,-, roll W out RF to OP WL M no wght chg, rec sd R (W fwd R start RF roll out,-, sd & bk L cont RF roll to OP WL, sd R) both looking twd DRW arms extended;
- SQQ (6) **{Cross Hover to DLW}** Both XLIF or R twd DRW,-, sd R rise with hovering action trng LF to DLW, rec L looking to DLW good connection between jnd hnds W hanging bk slightly;
- QQQQ (7) **{Both Roll 4 He Right She Left Man Across to LOP}** Fwd R to DW, sd L across LOD leading W to roll LF independently M pivoting 1/2 RF to fc DLC, sm fwd R, sm fwd L to LOP LOD shaped slightly away from ptr (W fwd R to LOD, start LF roll step fwd L twd DC pivoting LF, bk R cont LF roll, sd & fwd L to LOP LOD shaped slightly away from ptr);
- [Meas 7 option for lady: replace W's Roll 4 with Run 4 – fwd R, fwd L, fwd R, fwd L to LOP LOD;]
- QQQQ (8) **{Check Back, Roll Lady Across to OP}** Chk bk R folding W in front, rec L chg hnds to M's R W's L, fwd R, fwd L to OP (W start RF roll step fwd R twd WL & ptr, sd & fwd L across M pivoting RF, sd & fwd R cont RF trn fc LOD, fwd L) to OP LOD;

9 - 12 CROSS WALKS with KNEE LIFTS; FWD, LK, FWD KNEE LIFT,-; CROSS WALKS with KNEE LIFTS; RUN 3 to SHADOW; {meas 9 – 11 identical footwork- start with R ft free for both}

- SS (9) **{Cross Walks with Knee Lifts}** Swvl on L ft 1/8 LF lift R ft up sd of R leg toe pt down knee fwd XRIF of L twd DC swvl RF lift L ft up sd of R leg toe pt down knee fwd,-, both XLIF of R twd DW & swvl LF to fc DC lift R ft up sd of R leg toe pt down knee fwd,-;
- QQS (10) **{Fwd Lock Fwd Knee Lift}** OP slghtly DC both fwd R, lk LIB of R, fwd R swvl RF DW lift L ft up sd of R leg toe pt down knee fwd,-;
- SS (11) **{Cross Walks with Knee Lifts}** DW both XLIF of R twd DW & swvl LF lift R ft up sd of L leg toe pt down knee fwd,-, both XRIF of L twd DC & swvl RF to fc DW lift L ft up sd of R leg toe pt down knee fwd,-;
- QQS (12) **{Run 3 to Shadow DLW}** OP slghtly DLW fwd L leading W to step fwd & slightly ahead of M, sm fwd R release M's R & W's L hnds (W arms fwd & out), sm fwd L to Skaters DW,-;

13 - 16 2 SHADOW RIGHT TURNS;; CONTINUOUS CROSS CHECKS Lady FEATHER ENDING;;

- SQQ (13-14)**{2 Shadow Right Turns}** Strong fwd R start RF trn,-, sd L M stronger step to stay to L SQQ sd of W, bk R fc RLOD; bk L cont RF trn,-, sd R smaller step than W to keep W on R sd, fwd L twd DLC;

- QQQQ (15) **{Continuous Cross Checks}** In Skaters DLC sending leg in front of body both XRIF of L causing L sd stretch, rec L, sd R, sending leg in front of body XLIF of R with R sd stretch;
- QQ-Q (16) **{Finish Continuous Cross Checks Lady Feather Ending Transition}** Rec R, sd L (QQQQ) lift L arms up leading W to start LF trn to fc ptr, hold 1 beat while W cont LF trn, fwd R outside ptr (W rec R, sd & fwd L start LF trn, sd & bk R cont LF trn, bk L) to BJO DLC;

PART D

1 - 4 3 Slow FALLAWAYS;;; BACK TURN CHASSE to BJO DLW:

- SQQ (1) **{3 Slow Fallaways}** BJO DLC fwd L trng LF blending to CP pos,-, sd R with R sd stretch, XLIB of R well under body to SCP RLOD (W bk R trng LF,-, sd L, XRIB of L to SCP);
- SQQ (2) Bk R trng LF to CP no sway,-, sd & fwd L with L sd stretch, XRIB of L well under body L sd stretch to RSCP (W trng LF slipping L ft fwd well under M's body to CP,-, sd & slightly bk R, XLIB of R) to RSCP fc RLOD;
- SQQ (3) **{Finish 3 Fallaways}** Fwd L trng LF blend to R sd stretch,-, sd R cont R sd stretch, XLIB of R well under body (W bk R trng LF,-, sd L, XRIB of L) to SCP RLOD;
- SQ&Q (4) **{Back Turn Chasse to BJO DLW}** Bk R trng LF to fc WL,-, sd L to LOD/cl R, sd & fwd L (W trng LF slipping L ft fwd well under M's body to CP cont LF trn fc COH,-, sd R to LOD/cl L, sd & bk R) to BJO DLW;

5 - 8 CURVED FEATHER CHECK; BACK TIPPLE CHASSE PIVOT; BACK FEATHER; FEATHER FINISH LADY TRANSITION to SHADOW:

- SQQ (5) **{Curved Feather Check}** Repeat meas 5 from Part A;
- SQ&Q (6) **{Back Tipple Chasse Pivot}** In BJO DRC start RF upper body trn bk L keeping L sd stretch,-, sd R trng 1/4 RF btw step 1 and 2 blending to CP/cl L fc LOD, trng RF sd & fwd R twd DW pivoting RF to fc DRW L leg trails behind pointed to DLC (W start RF upper body trn fwd R outside ptr trng RF keeping R sd stretch,-, cont RF trn sd L with R sd stretch/cl R fc RLOD, sd & bk L pivoting RF to fc DLC with R leg extended fwd);
- SQQ (7) **{Back Feather}** Lower into standing leg step bk L twd DLC & chg shape to R shldr lead with R sd stretch,-, bk R to BJO cont R sd stretch, bk L fc DRW (W fwd R heel to toe btw M's feet well under body & chg to L shldr lead with L sd stretch open head,-, fwd L, fwd R);
- SQQ (8) **{Feather Finish Lady Rev Twirl Transition to Shadow}** Bk R trng LF raise ld hnds (SQ&Q) to start leading W into LF twirl,-, sd & fwd L cont ldng W's rev twirl, fwd R join L hnds to Skaters DLW (W fwd L trn LF,-, rev twirl 5/8 LF under ld hnds bk R/sd & fwd L, fwd R);

9 - 12 SHADOW DIAMOND TURN 3/4;;; BACK CHASSE to DLW; {meas 9 – 12 identical footwork}

- SQQ SQQ (9-11) **{Shadow Diamond Turn 3/4}** Skaters DLW fwd L trn LF,-, sd R, bk L DC; bk R trn LF,-, SQQ sd L, fwd R DRC; Fwd L trn LF,-, sd R, bk L in Skaters DRW;
- SQ&Q (12) **{Back Chasse to DLW}** Bk R trn LF fc WL,-, sd L/cl R to L, sd & fwd L to DLW in Skaters;

13 - 16 ADVANCED SHADOW GRAPEVINE;; CHAIR SLIP Lady TURN TRANS; DOUBLE REVERSE;

- QQQQ (13) **{Advanced Shadow Grapevine – Front Vine 8 action}** Thru R, sm step sd L as W chgs sd in front put L arm around her waist & release R arm, XRIB of L, sd L chg sd behind W back to her L sd put R arm around her waist & release L arm (W thru R, strong sd L to M's L sd look twd M & RLOD, XRIB of L, sm step sd L as M chgs sd behind W end on M's R sd look twd M & LOD);
- QQQQ (14) **{Continue Shadow Grapevine}** Repeat meas 13; end in Skaters DLW both R ft free
- SQQ (15) **{Chair Slip Lady Turn Trans}** Chk thru R with lunge action,-, rec L, with slight LF upper (SQ&Q) body trn slip R behind L cont trn to CP DLC (W chk thru R with lunge action,-, rec L/bk R with LF body trn, cont LF trn to slip fwd L to CP lift L arm up & over M's head);
- SQ- (16) **{Double Reverse}** Fwd L start LF trn,-, sd R 3/8 trn between 1st & 2nd step, spin LF 1/2 (SQ&Q) on ball of R ft bring L to R no wght fc LOD (W bk R start LF trn,-, close L to R heel trn/sd & slightly bk R cont LF trn, XLIF of R);

B modified

Repeat 1-15 of part B & modify meas 16

16 **HOVER TELEMARK to DLW;** In BJO DLW Fwd L blending to CP,-, diag sd & fwd R rising with
SQQ body trn 1/8 RF, fwd L to SCP DW;

ENDING

1 – 4 OPEN NATURAL; BACK CHASSE/Lady TWIRL to BFL SCAR; FORW CHECK DEVELOPE; BACK TO OPEN HINGE (in BFL);

- SQQ (1) **{Open Natural}** Fwd R start RF trn,-, sd & fwd L trn RF to CP, sd & slightly bk on R to BJO DRC (W fwd L,-, fwd R between M's feet, fwd L);
- SQ&Q (2) **{Back Chasse/LadyTwirl to BFL SCAR}** Bk L start RF trn fc COH,-, sd R lead W's RF underarm trn/cl L to R, cont RF trn step fwd R to BFL SCAR fc DLC (W fwd R outside ptr start RF trn,-, RF outside underarm trn sd & bk L/fwd R, bk L to BFL SCAR fc DRW);
- S-- (3) **{Forw Check Lady Develope}** BFL SCAR check fwd L outside ptr slight R sd stretch,-,-, (W lower into standing ft check bk R well under body draw L ft to prep,-, bring L ft up R leg to inside of R knee, extend L ft fwd with L sd stretch head open to R);
- SQ- (4) **{Back to Open Hinge in BFL}** In BFL SCAR DLC bk R start trn LF fc COH,-, cont trn sd & fwd L trn upper body fc DRC still in BFL with L sd stretch leading W to XLIB of R keeping L sd twd ptr, relax L knee leaving R leg extended bk (W fwd L outside ptr start LF trn fc WL,-, sd R with R sd stretch swvl LF, XLIB of R keeping L sd to ptr relaxing L knee R leg extended fwd to LOD with no wgt) lead hnds high & trail hnds low;

5 – 8 TWIRL LADY ACROSS MAN RISE & CLOSE; to OP STEP RONDE.-, BACK VINE. 2; CROSS WALK 4 WITH KNEE LIFTS;:

- Q (5) **{Twirl Lady Across Man Rise & Close}** Rotate upper body RF lead W to step fwd on R keep L sd stretch start drawing R ft to L,-, rise on L cont rotate RF to fc LOD while drawing R ft in & leading W to step across M into RF twirl under lead hnds, release trail hnds cl R to L cont leading W's RF twirl to fc M (W start RF body trn step fwd R trn RF 1/4 twd M,-, fwd L twd DW across M spiral RF 7/8 under lead hnds – similar to Rope Spin action, but stay in front of M to his R sd, sm fwd R to DLW cont trng RF 1/4 to fc M & RLOD);
- SQQ (6) **{Step Ronde Back Vine 2}** M sm sd L join M's R & W's L hnds to OP LOD lower into L knee ronde R leg CW out & bk (W fcg M & RLOD fwd L to M's R sd lower into L knee trng 1/2 RF to OP LOD as ronde CW out & bk),-, both XRIB of L trn LF, sd L fcg slightly DC;
- SSSS (7-8) **{Cross Walk 4 with Knee Lifts}** In OP both R ft free both XRIF of L twd DC & swvl RF lift L ft up sd of R leg toe pt down knee fwd,-, both XLIF of R twd DW & swvl LF to fc DC lift R ft up sd of R leg toe pt down knee fwd,-; *Repeat meas 7;* end fc DC

9 – 11 ROLL LADY ACROSS BOTH LUNGE APART; ROLL HER IN to SHADOW WRAP; RECOVER to LEFT LUNGE LADY ARM SWEEP & CARESS;

- QQ-Q (9) **{Roll Lady Across both Lunge Apart}** Chk fwd R, rec L leading W to roll across LF chg hnds to M's L & W's R hnds jnd, draw R ft bk & sd while cont lead W to roll out LF to LOP LOD, lunge sd R (W roll LF across in front of M R, L, R to LOP, lunge sd L) shape to ptr free arms extended sd & bk;
- SS (10) **{Roll Her in to Shadow Wrap LOD}** Rec L lead W to wrap RF to Shadow fc LOD,-, (QQS) rec R to soft lunge finish wrap M place R hnd on W's R hip (W wrap in RF R, L, soft lunge sd R shape to ptr L arm folded in front on top of jnd hnds),-;
- S (11) **{Rec to Left Lunge Lady Arm Sweep & Caress}** Both rec L to soft lunge M shape to W W unfold L arm sweep L arm sd & up to caress M's L sd of face while looking at ptr lovingly ☺,-;

We hope you enjoy dancing 'in a mellow tone'...