

EL MISMO SOL

CHOREO: Rey & Sherry Garza, 1655 Monte Vista Dr., Vista, Ca. 92084-7121 (760) 458-6418
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MUSIC: Artist: Álvaro Soler (Feat. Jennifer Lopez) Amazon or iTunes Download Length 3:08

FOOTWORK: Opposite (Woman in parenthesis)

RHYTHM: Roundalab Phase 3 + 1 [Triple Cha] Cha Cha ver 1

SEQUENCE: Intro-ABC-ABCD-BC-End Released 3/16/2018

INTRO

- 1-4 **BFLY TRAIL FEET FREE WT;; QUICK CUCARACHAS; SIDE WALK REV;**
1-3 [Wait & Quick Cucarachas] Bfly fcg ptr & wll trail feet free wt;; Sd R/rec L, cl R to L, sd L/rec R, cl L to R;
4 [Sd Wik] Sd R, cl L to R, sd R/cl L, sd R;

PART A

- 1-10 **NEW YORKER; UNDERARM TURN; HAND TO HAND; TWICE; LEAD HANDS CHASE WITH UNDERARM PASS;; CRAB WALKS TO LINE;; FENCE LINE & WHIP;;**
1-2 [New Yorker & Underarm Trn] Release trail hnds swivel ¼ RF on R fwd L twd RLOD with straight leg, rec R to fc ptr in BFLY, sd L/cl R, sd L; Raise ld hnds bk R, rec L, sd R/cl L, sd R (Release trail hnds swivel ¼ LF on L fwd R twd RLOD with straight leg, rec L to fc ptr in BFLY, sd R/cl L, sd R; Under ld hnds swivel ¼ RF on R fwd L twd LOD trng ½ RF, rec R trng ¼ RF to fc ptr & COH, sd L/cl R, sd L);
3-4 [Hand To Hands] Swivel LF ¼ on R bk L, rec R trn ¼ RF, sd L/cl R, sd L; Swivel ¼ RF of on L bk R, rec L trn ¼ LF, sd R/cl L, sd R join just ld hnds;
5-6 [Chase Underarm Pass] Keeping ld hnds joined fwd L trn ½ RF, rec sd R, fwd L/cl R, fwd L; Bk R raise joined ld hnds ldg W to trn LF, rec L, sd R/cl L, sd R blend to BFLY COH (Bk R, rec L, fwd R/cl L, fwd R; Fwd L, fwd R trn ½ LF under joined ld hnds, sd L/cl R, sd L blend to BFLY Wall);
7-8 [Crab Walks] XLif of R, sd R, XLif of R/sd R, XLif of R; Sd R, XLif of R, sd R/cl L, sd R;
9-10 [Fence Line & Whip] In BFLY cross lunge thru to LOD L looking twd LOD, rec R to fc ptr, sd L/cl R, sd L; Ldg W across bk R trng ¼ LF, rec L cont LF trn to fc Wall, sd R/cl L, sd R BFLY Wall (Lunge thru to LOD R looking twd LOD, rec L to fc ptr, sd R/cl L, sd R; Fwd L trng ¼ LF, fwd R trng ¼ LF to fc ptr & COH, sd L/cl R, sd L BFLY COH);

PART B

- 1-8 **CHASE WITH TRIPLE CHAS;;; FINISH CHASE; BFLY; SHOULDER TO SHOULDER; TWICE;**
1-4 [Chase With Triple Cha {123&4 5&67&8 123&4 5&67&8 123&4 567&8}] Release hnds fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Fwd R/cl L, fwd R, fwd L/cl R fwd L; Fwd R trn ½ LF, rec L, fwd R/cl L, fwd R; Fwd L/cl R, fwd L, fwd R/cl L, fwd R (Bk R, rec L, fwd R/cl L, fwd R; Fwd L/cl R, fwd L, fwd R/cl L, fwd R; Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Fwd R/cl L, fwd R, fwd L/cl R, fwd L);
5-6 [Finish Chase] Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R (Fwd R trn ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L) blend BFLY Wall;
7-8 [Shoulder To Shoulder Twice] Trng RF to SDCAR on R fwd L, rec R to fc, sd L/cl R, sd L; Trng LF to BJO on L fwd R, rec L to fc, sd R/cl L, sd R;

PART C

1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC::

1-2 [Thru & Trn Bk Cha + Bk Basic {123&4 567&8}] Thru L (R) RLOD trng LF (RF), sd & bk R (L) fc LOD, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R;

3-4 [Sliding Door + Rk Sd Rec Fwd Cha {123&4 567&8}] Rk sd L, rec R, XLif R/sd R, XLif of R; Rk sd R, rec L, fwd R/cl L, fwd R;

5-6 [Thru & Trn Bk Cha + Bk Basic {123&4 567&8}] To RLOD repeat meas 1 & 2 of Part C;;

7-8 [Sliding Door + Rk Sd Rec To Fc Sd Cha {123&4 567&8}] Rk sd L, rec R, XLif R/sd R, XLif of R; Rk sd R, rec L to fc ptr & wll, sd R/cl L, sd R BFLY/WALL;

9-10[Basic] Fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;

Repeat Part A B & C

PART D

1-10 PEEK A BOO CHASE;;; INTO REGULAR CHASE;;; ½ BASIC; UNDERARM TURN INTO; A LARIAT;;

1-6 [Peek A Boo Chase Into Regular Chase] Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Sd R look L, rec L, in pl R/L, R; Sd L look R, rec R, in pl L/R, L; Fwd R trng ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L; Bk R, rec L, fwd R/cl L, fwd R (Bk R, rec L, fwd R/cl L, fwd R; Sd L look R, rec R, in pl L/R, L; Sd R look L, rec L, in pl R/L, R; Fwd L trn ½ RF, rec R, fwd L/cl R, fwd L; Fwd R trn ½ LF, rec L, fwd R/cl L, fwd R; Fwd L, rec R, bk L/cl R, bk L);

7-8 [1/2 Basic & Underarm Trn] Join ld hnds fwd L, rec R, sd L/cl R, sd L; Ld W to trn RF under ld hnds bk R, rec L, in pl R/L, R (Bk R, rec L, sd R/cl L, sd R; Swivel RF ¼ on R fwd L to LOD trng 1/2 RF, rec R trng ¼ to fc, sd L/cl R, sd & fwd L to R sd of M);

9-10[To A Lariat] Description not in accordance with RAL standards. Ld W to a RF circle around M rk sd L, rec R, in pl L/R, L; Bk R, rec L, sd R/cl L, sd R (Circle Man CW fwd R, fwd L, fwd R/cl L, fwd R; Fwd L, fwd R to fc, sd L/cl R, sd L);

Repeat Part B & C

END

1- SNAP APART,

1- [Snap Apt {&}] Sharply stp apt L pt R twd ptr snap trail arms up & out at the same time,

Head Cues

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PART B

1-8 CHASE WITH TRIPLE CHAS;;; FINISH CHASE; BFLY; SHOULDER TO SHOULDER; TWICE;

PART C

1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;

PART A

1-10 NEW YORKER; UNDERARM TURN; HAND TO HAND; TWICE; LEAD HANDS CHASE WITH UNDERARM PASS;; CRAB WALKS TO THE LINE;; FENCE LINE & WHIP;;

PART B

1-8 CHASE WITH TRIPLE CHAS;;; FINISH CHASE; BFLY; SHOULDER TO SHOULDER; TWICE;

PART C

1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;

PART D

1-10 PEEK A BOO CHASE;;; INTO REGULAR CHASE;;; ½ BASIC; UNDERARM TURN INTO; A LARIAT;;

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1-10 THRU TURN TO OP LOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FWD CHA; THRU TURN TO OP RLOD BK CHA; BACK BASIC; SLIDING DOOR; ROCK SIDE REC FACE SIDE CHA; BASIC;;

END

1- SNAP APART,