

COWGIRL SWING

CHOREO: Ron & Georgine Woolcock,
ADDRESS: 5326 Berger Dr SE, Olympia, WA 98513
MUSIC: Stomp Music, CD "Nashville Country" Track 21
by Dave Sheriff D/L Available
RAL PHASE: II+2 (Fishtail & Strolling Vine)
FOOTWORK: Opposite, directions for man except where noted
SEQUENCE: INTRO, A, B, C, B, D, A(1-8), C, END

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RHYTHM: Two Step
DIFFICULTY: Average
TIME/SPEED: 2:45@45 RPM
SUGGESTED SPEED: 2:32@48 RPM
REL DATE: September, 2014

INTRO

- 1-4 OPEN FACING WALL WAIT 2 MEASURES ; ; APART POINT ; TOGETHER TOUCH OP LOD ;**
1-2 [1-2] In OP-FCG WALL wait 2 meas ; ;
3-4 [3] Apt L, -, pt R, - ; [4] fwd R, - tch L to OP LOD, - ;
- 5-8 CIRCLE AWAY TWO TWO STEPS ; ; STRUT TOGETHER 4 BFLY ; ;**
5-6 [5] In OP LOD circ LF twd COH (W twd WALL) fwd L, cl R, fwd L, - ; [6] cont twd COH
(W cont twd WALL) fwd R, cl L, cont trng LF fwd R to fc RLOD, - ;
7-8 [7] Fcg RLOD trn to fc ptr fwd L, -, fwd R, - ; [8] fwd L, -, fwd R to BFLY WALL, - ;

PART A

- 1-4 VINE 3 & TOUCH ; WRAP ; UNWRAP ; CHANGE SIDES TO BFLY COH ;**
1-2 [1] In BFLY WALL sd L, xRib, Sd L, tch R to L ; [2] ld W LF into WRP R, L, R, tch L to R
(W trng LF wrap into M stp L, R, L, tch R to L) to WRP Position ;
3-4 [3] In WRP Position ld W RF out of WRP in plc L, R, L, tch R to L (W trng RF out of WRP stp
R, L, R, tch L to R) ; [4] fwd R passing R shldrs trl hnds jnd, cl L W under jnd hnds, fwd
R trng RF, tch L to R BFLY COH ;
- 5-8 VINE 3 & TOUCH ; WRAP ; UNWRAP ; CHANGE SIDES TO CP WALL [2nd TIME TO BFLY WALL] ;**
5-6 [5] In BFLY COH sd L, xRib, Sd L, tch R to L ; [6] ld W LF into WRP R, L, R, tch L to R
(W trng LF wrap into M stp L, R, L, tch R to L) to WRAP Position ;
7-8 [7] In Wrap Position ld W RF out of WRP in plc L, R, L, tch R to L (W trng RF out of WRP
stp R, L, R, tch L to R) ; [8] fwd R passing R shldrs trl hnds jnd, cl L W under jnd hnds,
fwd R trng RF, tch L to R CP WALL [2nd time to BFLY WALL] ;
- 9-12 LEFT TURNING BOX ; ; ;**
9-10 [9] In CP WALL sd L, cl R, fwd L trng 1/4 LF, - ; [10] sd R, cl L, bk R trng 1/4 LF to CP
COH, - ;
11-12 [11] In CP COH sd L, cl R, fwd L trng 1/4 LF, - ; [12] sd R, cl L, bk R trng 1/4 LF to CP
WALL, - ;
- 13-16 HALF BOX ; SCISSORS THRU TO OP ; STRUT 4 ; ;**
13-14 [13] In CP WALL sd L, cl R, fwd L, - ; [14] sd R, cl L, xRif (W xLif) to OP LOD ;
15-16 [15] In OP LOD fwd L, -, fwd R, - ; [16] fwd L, -, fwd R, - to OP LOD ;

PART B

1-4 2 FORWARD TWO STEPS ; ; HITCH 6 ; ;

1-2 [1] In OP LOD fwd L, cl R, fwd L, - ; [2] fwd R, cl L, fwd R to OP LOD, - ;

3-4 [3] In OP LOD fwd L, cl R, bk L, - ; [4] bk R, cl L, fwd R to OP LOD, - ;

5-8 FORWARD LOCK FORWARD TWICE ; ; TWIRL 2 ; WALK & PICK UP CP LOD ;

5-6 [5] In OP LOD fwd L, xRib, fwd L, - ; [6] fwd R, xLib, fwd R to OP LOD, - ;

7-8 [7] In OP LOD fwd L, -, fwd R, - (W fwd R trng RF undr jnd ld hnds, -, cont trn sd & bk L, -) to OP LOD ; [8] fwd L, -, fwd R ldg W in frnt (W trns LF in frnt of M to CP LOD), - ;

9-14 PROGRESSIVE BOX ; ; TRAVELING SCISSOR BJO CKG ; ; ; ;

9-10 [9] In CP LOD sd L, cl R, fwd L, - ; [10] sd R, cl L, fwd R to CP LOD, - ;

11-12 [11] In CP LOD sd L, cl R, xLif (W xRib) to SCAR DLW, - ; [12] fwd R, -, fwd L to SCAR DLW, - ;

13-14 [13] In SCAR DLW sd R, cl L, xRif (W xLib) to BJO DLC, - ; [14] fwd L, -, fwd R to BJO DLC CKG, - ;

15-16 FISHTAIL ; WALK & FACE BFLY WALL [2ND TIME CP WALL] ;

15-16 [15] In BJO DLC xLib (W xRif), sd R, fwd L, lk Rib (W Lif) ; [16] fwd L, -, fwd R trng to BFLY WALL [2ND time to CP WALL], - ;

PART C

1-4 FACE TO FACE ; BACK TO BACK ; BASKETBALL TURN TO OP LOD ; ;

1-2 [1] In BFLY WALL sd L, cl R, sd L trng LF 1/2, - ; [2] sd R, cl L, sd R trng RF 1/4 to BFLY WALL, - ;

3-4 [3] In BFLY WALL sd L ck, -, rec R trng 1/4 RF, - ; [4] fwd L ck trng 1/4 RF, -, rec R cont trng 1/4 RF to OP LOD, - ;

5-8 HITCH 6 ; ; TWIRL 2 ; WALK 2 OP LOD ;

5-6 [5] In OP LOD fwd L, cl R, bk L, - ; [6] bk R, cl L, fwd R to OP LOD, - ;

7-8 [7] In OP LOD fwd L, -, fwd R, - (W fwd R trng RF undr jnd ld hnds, -, cont trn sd & bk L, -) to OP LOD ; [8] fwd L, - fwd R to OP LOD, - ;

PART D

1-4 BROKEN BOX TO BFLY ; ; ; ;

1-2 [1] In CP WALL sd L, cl R, fwd L, - ; [2] fwd R, -, rec L to CP WALL, - ;

3-4 [3] In CP WALL sd R, cl L, bk R, - ; [4] bk L, -, rec R to BFLY WALL, - ;

5-8 TRAVELING DOOR TWICE TO CP WALL ; ; ; ;

5-6 [5] In BFLY WALL rk sd L, -, rec R, - ; [6] xLif, sd R, xLif (W xRif, sd L, xRif) to BFLY WALL, - ;

7-8 [7] In BFLY WALL rk sd R, -, rec L, - ; [8] xRif, sd L, xRif (W xLif, sd R, xLif) to CP WALL, - ;

9-12 STROLLING VINE ; ; ; ;

9-10 [9] In CP WALL sd L, -, xRib (W xLif), - ; [10] sd L, cl R, sd L trng LF 1/2 to CP COH, - ;

11-12 [11] In CP COH sd R, -, xLib (W xRif), - ; [12] sd R, cl L, sd R trng RF 1/2 to CP WALL, - ;

13-16 BOX ; ; TWIRL VINE 2 ; WALK & FACE BFLY WALL ;

13-14 [13] In CP WALL sd L, cl R, fwd L, - ; [14] sd R, cl L, bk R to CP WALL, - ;

15-16 [15] In CP WALL sd L, -, xRib, - (W fwd R trng RF undr jnd ld hnds, -, cont trn sd & bk L, -) to OP LOD ; [16] fwd L, - fwd R trng to BFLY WALL, - ;

ENDING

1 APART POINT ;

[1] In OP LOD apt L, -, pt R, - ;