

## AIN'T THAT A SHAME

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MUSIC: Ain't That a Shame, 8 to the Bar, album *Swingin' It*, downloadable Napster, etc.

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) slow slightly, if desired

RHYTHM: JIVE PH V+1 (roll off arm) + 1UNPH (sole tap) AVERAGE DIFFICULTY

SEQUENCE: INTRO A INTER A B INTER A C B INTER A (1-6) END

### INTRODUCTION

1-4 SCP LOD WAIT;; 2 SLOW ROCK THE BOATS TO;;

- 1-2 SCP LOD Wait;;  
3 {rock boat 2 sl} Fwd L w/ straight knee leaning fwd, -, w/ rocking motion and bent knees cl R, -;  
4 Repeat meas 3;

### PART A

1-4 THROWAWAY; CHANGE HANDS BEHIND BACK – SPANISH ARMS W/ SPIN OPTION;;:

- 1 {throwaway} Fwd L/cl R, fwd L(fwd R/cl L, fwd R trng ½ LF in front of M), sd R/cl L, sd & fwd R (sd L/cl /R, sd & bk L) to OP LOD;  
2-4 {chg hnds beh bk} Rk apt L, rec R, chasse fwd L/R, L trng ¼ LF chng W's R hnd to M's R hnd beh M's bk (W fwd R/L, R, trng ¼ RF); Chasse sd & bk R/L, R cont trng ¼ LF chng W's R hnd to M's L (W sd L/R, sd & bk L trng ¼ RF), {span arms} Rk apt L, rec R; Both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W's head [option: ld hnds high tr hnds low, lead W to spin RF on 3rd stp of wrap] (W sd R/cl L, fwd R [option spin ¾ RF on R]; Cont RF trn R/cl L, R to LOD (unwrap RF L/cl R, L to fc M);

5-8 STOP & GO;; LINK RK ~ RK REC;;

- 5-6 {stop & go}Rk bk L, rec R, fwd L/cl R, fwd L (W rk bk R, rec L, fwd R/L, R trng ½ LF und ld hnds to end at M's R sd) catch W w/ R hnd on L shld blade; Rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, fwd L/R, L trng ½ RF und ld hnds) to LOP FCG LOD;

- 7-8 {link rk rk rec} Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R to SCP, rk bk L, rec R;

### INTERLUDE

1-4 2 SLOW ROCK THE BOAT;; POINT STEPS 4 TO;;

- 1-2 {rock boat 2 sl} Fwd L w/ straight knee leaning fwd, -, w/ rocking motion and bent knees cl R, -; Repeat meas 1;  
3-4 {4 point stps} Pt L, fwd L, pt R, fwd R; Pt L, fwd L, pt R, fwd R;

### REPEAT A

### PART B

1-4 CHASSE ROLL ROCK RECOVER;; CHASSE ROLL RLOD ROCK RECOVER;; \*\*

- 1-2 {chasse roll LOD rk rec} Twd LOD sd L/cl R, sd L, trng RF to fc COH, sd R/cl L, sd R trng to fc WALL; Sd L/cl R, sd L trng RF to LOP RLOD, rk bk R, rec L to fc ptr & WALL;  
3-4 {chasse roll RLOD rk rec} Sd R/cl L, sd R trng LF to fc COH, sd L/cl R, sd L trng LF to fc ptr & wall; Sd R/cl L, sd R to SCP LOD, rk bk L, rec R;

B cont

- 5-8    THROWAWAY; AMERICAN SPIN TO HNDSHAKE – MIAMI SPECIAL;::  
 5    *{throwaway}* Fwd L/cl R, fwd L(fwd R/cl L, fwd R trng ½ LF in front of M), sd R/cl L, sd & fwd R (sd L/cl /R, sd & bk L) to OP LOD;
- 6-8    {am spin} Rk apt L, rec R, tog L/R, L; Sm sd R/L, R to handshake (W tog R/L, R start RF spin on last stp, fin spin L/R, L); {miami special} Rk apt L, rec R, fwd L/R, L trng RF to lead W to trn LF und joined R hnds putting joined hnds over M's head so hnds rest on M's neck, slide apt R/L, R to fc COH (W rk apt R, rec L, fwd R/L, R trng LF und joined R hnds, slide apt L/R, L to fc COH);
- 9-12    SOLE TAP ~ LINK TO WHIP TURN TO SCP ROCK RECOVER;:::  
 9-10    *{sole tap rk rec}* Still fcg COH rk apt L Xing beh twd LOD, rec R, sd L twd ptr, lift R ft to Xib aiming to tch the soles of ptr's shoes while lifting trail hnds in a curve over the head twd ptr; Slide apt to fc sd R/cl L, sd & bk R, rk apt L, rec R to fc ptr;  
 11-12    *{whip trn rk rec}* Chasse fwd L/R, L trng RF to CP, XRib cont wheel, sd L cont trn; Sd chasse R/L, R to SCP LOD, rk bk L, rec R;

REPEAT INTERLUDEREPEAT APART C

- 1-4    2 FORWARD TRIPLES; SWIVEL 4; PRETZEL WRAP; DOUBLE ROCKS;  
 1    *{2 fwd triples}* Fwd L/cl R, L, R/cl L, R;  
 2    *{Swivel 4}*Fwd L, R, L, R;  
 3    *{pretzel trn}* Keeping M's L & W's R hnds M trn RF (W (LF) L/R, L, R/L, R end both fcg LOD hnds joined beh bk free hnd exended LOD;  
 4    *{dbl rks}* Rk fwd L, rec R, rk fwd L, rec R;
- 5-9    UNWRAP PRETZEL; NECK SLIDE TO LOD;; ROLL OFF ARM TO COH;::  
 5    *{unwrap pretzel}* Progresssing RLOD unwind L/R, L, R/L, R to BFLY;  
 6-7    *{neck slide}* Rk apt L, rec R swinging hnds up & out, sm sd & fwd chasse L/R, L taking R arms over ptrs' head placing R hnds beh ptr's neck to end sd by sd; Releasing hnds wheel RF fwd R, fwd L, fwd chasse R/L, R allowing R hnds to slide down ptr's R arm to end fcng LOD in R handshake;  
 8-9    *{roll off arm}* Rk apt L, rec R, w/ sm stps fwd L/R, L bringing W to M's R sd w/ R hnds to W's R sd in shad skater's pos L; Cont trng RF fwd R, L, fwd R/L, R to fc COH R hnds joined;
- 10-12    TRIPLE WHEEL TO WALL W/ SPIN ROCK RECOVER;::  
 10-12    *{triple wheel rk rec}* Rk apt L, rec R, trng RF twd ptr wheel L/R, L tchg W's bk w/ L hnd (W trns away LF); Trng away from ptr cont RF wheel R/L, R (W trng RF touches M's L sh w/ L hnd), cont wheel L/R, L tchg W's bk w/ L hnd to fc WALL; In place R/L, R leading W to spin RF to LOP WALL, rk apt L, rec R;

REPEAT BREPEAT INTERLUDEREPEAT A (1-6)END

- 1-4    LEFT TO RIGHT – AMERICAN SPIN TO TANDEM WALL;; HNDS ON HIPS, LUNGE & LOOK, HOLD, -;  
 1-3    *{L to R}* Rk apt L, rec R, sd L/R, L to fc ptnt wall (W rk apt R, rec L, fwd chasse R/L, R trng ¾ LF und ld hnds); Sd chasse R/L,R, *{am spin}* rk apt L, rec R; Slowing w/ music tog L/R, L, in place R/L,R (W tog R/L, R start RF trn on last stp, in place L/R, L to tandem WALL);  
 4    *{hnds on hips, lunge & look,}* Hold one beat putting hnds on hips, rk sd L LOD trng RF to look at ptr (W sd R RLOD trng LF to look at M), and hold, -;

\*\*cue as chasse roll RLOD ~ fallaway throwaway if preferred